Wilton Overlook 2nd Floor Weekly Calendar

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00	My Daily Bread & Inspirational Stories	Sit and Be Fit	Movement to Music	Exercise	Morning Stretch	Fitness Fun	
10:30		Mystery Mondays/ Junk Drawer Detective	LifeLoop or Group Crossword Puzzles	Trivia	Sing Along	Story Telling/ Friday Funnies	Bingo (Meeting Hall)
11:00	Protestant Church Service (Meeting Hall)						
1:30			1:1 Room Visits		1:1 Room Visits		
2:00	Afternoon Stretch	Arts & Crafts	Baking	Catholic Mass (Meeting Hall)	Rosary (4th Floor)	Arts and Crafts	Afternoon Stretch
2:30	Card Games/ Board Games	Cornhole, Bowling, Bean Bag Toss…			Bingo	Hand Massages	Manicures & Movie
3:00	Anagrams	Bingo	Music Trivia	Word Games	Happy Hour	Family Feud	Happy Hour
3:30		Sensory & Relaxation	Short Stories	Matching Game	Trivia	Cornhole, Bowling, Bean Bag Toss…	
4:00		Finish the Phrase	Sing A Long	Reminisce	Sensory & Relaxation	Finish the Phrase	
6:00			Word Games		Discussion Group		