

# Weekly Specials

## 10/12-10/17

### \*\*\*Full Static Menu Always Available\*\*\*

Please write your name and resident identification number legibly when filling out your carry out form. Thanks

#### Atrium

#### Lunch & Dinner Specials

**New Menu Begins 10/12**

**No Specials for this Week**

**\*Due to Fall Fest On Friday, October 16<sup>th</sup>, Please See Special Buffet Menu\*  
(Static Menu Unavailable on this Day) Hours: 12pm-3pm**

### Crab and Go Specials @ Charlestown Square

*Carryout only Open Monday-Friday 1pm-5pm*

Beef Vegetable Soup (100 cal.)

Crab Cake Wrap (580 cal.)

Carolina BBQ Pulled Chicken Sandwich (190 cal.)

Sloppy Jill Sandwich (410 cal.)

Egg Salad Sandwich (550 cal.)

Roast Beef and Swiss Sandwich (510 cal.)

Italian Sub (790 cal.)

#### Sides

Baked Beans (130 cal.)

Coleslaw (140 cal.)

Macaroni and Cheese (230 cal.)

Stewed Tomatoes (30 cal.)

Green Beans with Tomatoes (35 cal.)

Potato Chips (450 cal.)

Whole Fruit

#### Desserts

Sundae Bar

Cookies (180-200 cal.)

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### Chesapeake- No DELIVERY OFFERED

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**ASK YOUR SERVER WHICH ENTREES CAN BE "SIMPLY PREPARED"**

**Gluten Free Bread and Buns Available Upon Request**

**Available at all restaurants**

**Fruit Special of the Week: Kiwi**



New for October



Healthier Choice

(under 460 mg sodium, 4 g

saturated fat, 10 g added sugar)



Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.