

Terrace

10/12-10/25

Starters

- Soup of the Day** ★ - A homemade specialty soup prepared in house. \$2.75
- Beef Chili with Beans** 🍏 - Beef, beans, onions and peppers cooked in tomato and beef broth, garnished with sour cream, scallions and cheddar cheese. \$3.75 (240 cal.)
- House Salad** 🥬 - Mixed greens, carrots, tomatoes, and cucumber. \$2.75 (10 cal.)
- Tomato And Cucumber Salad** ★ 🥬 - Fresh tomatoes, cucumbers, red onion, basil and Italian dressing. \$2.75 (40 cal.)
- Spinach Strawberry & Feta Salad** ★ - Baby spinach with strawberries, toasted almonds, dried cranberries and feta cheese. \$3.75 (120 cal.)
- Mixed Fruit** 🥬 - Mixed seasonal fresh fruits and berries. \$2.75 (40 cal.)

Entrée Salads

- Mary Kay Salad** ★ - Romaine lettuce, garbanzo bean, red onion, bacon and blue cheese crumbles with Italian and blue cheese mix dressing. \$10.00 (600 cal.)
Served with Baguette (150)

- Entrée Caesar Salad** ★ - Chopped romaine, parmesan cheese, house-made croutons, tossed in Caesar dressing. \$10.00 (500 cal.)
Served with Baguette (150)

Choose One Protein For Your Entrée Salad

Grilled Shrimp (140 cal.) Grilled Chicken Breast (220 cal.), Tofu (90 cal.)

- Taco Salad** ★ - Lettuce, tomato, onion, cheddar cheese, guacamole, roasted corn, fried flour tortillas, and cilantro sour cream. Served with seasoned ground beef. \$10.00 (790 cal.)

- Trio Salad** ★ - Tuna, egg and chicken salads served over crispy lettuce with tomatoes and cucumbers. \$12.00 (590 cal.)

ASK YOUR SERVER WHICH ENTREES CAN BE "SIMPLY PREPARED"

Salad Dressing

Balsamic Vinaigrette (60 cal.) - Blue Cheese (150 cal.) - Caesar (180 cal.) - French (130 cal.) - Honey Dijon (130 cal.) - Italian (40 cal.) - Ranch (170 cal.) - Raspberry Vinaigrette (60 cal.)

★ New for October

🍏 Healthier Choice
(under 460 mg sodium, 4 g
saturated fat, 10 g added sugar)

| 🥬 Vegetarian

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Terrace Handhelds

Served with French Fries and Coleslaw or Grapes.

BBQ Bacon, Cheddar Burger ★ – Beef burger topped with bacon, cheddar, BBQ sauce, lettuce, tomato and frizzled onions on a brioche bun. \$11.95 (790 cal.)

Signature Burger ★ – Smash style griddle seared beef burger with shredded lettuce, tomato and onion, on a toasted brioche bun. \$10.95 (660 cal.)

Substitute Morning Star **Garden Veggie Patty** 🌿 (390 cal.)

Chicken Salad Croissant - ★ 🍏 - Roasted and diced chicken tossed with mayonnaise, mustard and celery served on a croissant with lettuce and tomato.
\$9.95 (450 cal.)

Tuna Salad Croissant ★ 🍏 - Tuna, lemon, and mayonnaise. served on a croissant with lettuce and tomato.
\$9.95 (370 cal.)

Pepperoni Flatbread ★ – Baked flat bread topped with pepperoni, mozzarella, and tomato sauce. \$10.95 (550 cal.)

Gluten Friendly Bread Options Available

ASK YOUR SERVER WHICH ENTREES CAN BE “SIMPLY PREPARED”

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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Entrees & Pasta

Chicken Chesapeake ★ - Pan seared chicken breast topped with crab imperial and served with a creamy old bay sauce. \$12.95 (740 cal.)

Grilled Shrimp with Citrus Butter ★ - Grilled shrimp tossed in a citrus compound butter. \$11.95 (230 cal.)

Korean Beef Bulgogi over Rice ★ - Thinly sliced beef marinated in ginger, garlic, soy and apples seared and served over a bed of jasmine rice. \$10.95 (490 cal.)

Build Your Own Pasta ★ - Penne pasta (180) with your choice of **marinara** (50), **alfredo sauce** (120) or **pesto sauce** (70). \$10.95
Add grilled chicken (220) shrimp (140) or meatballs (240) \$3.00

Vegetarian Jambalaya 🍎🌿 - Tofu, black eyed peas, rice, green and red peppers, okra and spice. \$9.00 (200 cal.)

Grilled Chicken Breast 🍎 - Plain grilled chicken breast. \$8.00 (220 cal.)
Also available with Bourbon Sauce (60 cal.) Sweet Thai Chili (40 cal.) or Lemon Butter Sauce (200 cal.)

Seared Salmon 🍎 - Pan seared salmon filet. \$10.95 (280 cal.)
Also available with Bourbon Sauce (60 cal.) Sweet Thai Chili (40 cal.) or Lemon Butter Sauce (200 cal.)

ASK YOUR SERVER WHICH ENTREES CAN BE "SIMPLY PREPARED"

Sides

French Fries (350 cal.)
Mashed Potatoes (140 cal.)
Jasmine Rice (140 cal.)
Cornbread Stuffing (120 cal.)

Coleslaw (140 cal.)
Peas & Carrots (110 cal.)
Steamed Green Beans (40 cal.)
Sautéed Kale (90 cal.)
Mixed Fruit (40 cal.)

Available Plain: French Fries, Mashed Potatoes, Jasmine Rice, Carrots, Green Beans