

Weekly Specials

9/14-9/19

*****Full Static Menu Always Available*****

Please write your name and resident identification number legibly
when filling out your carry out form. Thanks

Atrium

Lunch & Dinner Specials

New Menu Begins 9/14
No Specials for this week

Crab and Go Specials @ Charlestown Square

Carryout only Open Mon-Friday 1pm-5pm

Maryland Crab Soup (90 cal.)	
Crab Cake Sandwich (590 cal.)	
Beer Braised Bratwurst with Sauerkraut (310 cal.)	
Meatball Marinara Sub (720 cal.)	
Tuna Salad Sandwich (370 cal.)	
BBQ Pulled Chicken Sandwich (150 cal.)	
Roast Beef and Swiss Sandwich (510 cal.)	
<u>Sides</u>	<u>Desserts</u>
Baked Beans (130 cal.)	Sundae Bar
Pasta Salad (250 cal.)	Cookies (180-200 cal.)
Coleslaw (140 cal.)	
Potato Salad (180 cal.)	
Potato Chips (450 cal.)	
Corn on the Cob (150 cal.)	
Whole Fruit	

Chesapeake- No DELIVERY OFFERED

New Menu Begins 9/14
No Specials for this week

Gluten Free Bread and Buns Available Upon Request

Available at all restaurants

Fruit Special of the Week: Banana



New for September



Healthier Choice

(under 460 mg sodium, 4 g
saturated fat, 10 g added sugar)



Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase
your risk of foodborne illness, especially if you have certain medical conditions.