

# Bar @ Chesapeake

## Specials

### 8.24-8.29

**Buffalo Chicken Flatbread** - Grilled Chicken, Mozzarella, red onion, blue cheese and buffalo hot sauce. (570 cal.) \$8.00

**Spinach Stuffed Shell** - House stuffed pasta shells with spinach, ricotta, mozzarella, egg and seasoning topped with tomato cream sauce. (340 cal.) \$8.00

**Fruit of the Week: Clementine**

### 8.31- 9.5

**Cranberry Chicken Walnut Salad** Diced poached breast of chicken, mayonnaise, dijon, walnuts, dried cranberries, and lemon juice. (360 cal.) \$6.00

**Meatballs** - Beef and veal meatballs. (330 cal.) \$8.00

**Fruit of the Week: Apple**

### 9.7- 9.12

**Spinach Mushroom Flatbread** - Baked flatbread topped with mozzarella, parmesan and ricotta cheese brushed with garlic oil. (840 cal.) \$10.00

**Hoisin Ribs** - Oven roasted spareribs - glazed with tangy hoisin sauce. (280 cal.) \$8.00

**Fruit of the Week: Orange**

### 9.14- 9.19

**BBQ Pulled Chicken Sliders** Braised chicken breast with a sweet and tangy BBQ sauce, on two slider buns. (150 cal.) \$10.00

**Kale Bacon & Bleu Cheese Salad** - Crispy bacon, sliced apples, dried cranberries, candied pecans, blue cheese and kale with choice of dressing. (160 cal.) \$8.00

**Fruit of the Week: Banana**