

Chesapeake & Shortline

Sunday Brunch 6/28



SOUPS & SALADS

Soup of the Day- \$2.75

Plain Grits-(130 cal.) \$3.00

Old Fashioned Oats- (110 cal.) \$3.00

House Salad- Mixed greens, carrots, tomatoes and cucumber. (10 cal.) \$2.75


Caprese Salad-   Sliced tomato and fresh mozzarella with olive oil and balsamic vinegar reduction. (240 cal.) \$2.75

Mixed Fruit- Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

Bread of the DAY

Special Bread: Scones  (440 cal.) \$3.25

Biscuit (250 cal.) \$ 1.75

Sausage Gravy Over Biscuit-  Mild Italian sausage, rosemary, sage, whole milk, cracked pepper. (200 cal.) Biscuit (250 cal.) \$8.00

Scrambled Eggs- (200 cal.) \$2.00

Bacon- (110 cal.) \$1.75


Turkey Bacon Available upon request only. (50 cal.)

Sausage Link- Roasted pork sausage links. (230 cal.) \$1.75


Turkey Sausage available upon request only. (140 cal.)

Home Fries- Russet potatoes, onions, peppers and spices. (120 cal.) \$1.75

Scrapple- (130 cal.) \$2.75

Chicken Alexander-  Pan seared chicken breast, finished with a brandy apricot cream sauce. (150 cal.) \$8.50

Baked Manicotti-   Pasta stuffed with ricotta and topped with our marinara, mozzarella and parmesan then oven baked to finish. (600 cal.) \$12.00

Swedish Meatballs-  Swedish style beef meatballs, served in a sauce of Worcestershire, dijon mustard, cream and beef broth. \$10.00 (530 cal.)

Mashed Potatoes w/ Cheddar & Bacon-  (200 cal.) \$1.75

Seasoned Cauliflower & Broccoli-  (30 cal.) \$1.75

Steamed Green Beans-  (40 cal.) \$1.75

Succotash-  (100 cal.) \$1.75


From the Griddle

Grill specials come with choice of bacon or turkey bacon (50 cal.),

or turkey sausage (140 cal.) or pork sausage and toast

White, Wheat, or English Muffin toast available

GF Toast available upon request.

Sausage & Bacon Breakfast Burrito-  Egg, sausage, bacon, peppers, potatoes, onions and cheese in a tortilla wrap. (650 cal.) \$12.00

Breakfast Platter - Two pancakes (240 cal.) Scrambled eggs (200 cal.), Suggested choice of protein: Sausage (230 cal.), Bacon (110 cal.), (Turkey Sausage **or** Turkey Bacon available upon request) \$12.00

Build Your Own Omelet (70 cal.) \$8.00

Toppings : Cheddar Cheese (110 cal.) Spinach (15 cal.)

Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)

Plain Grilled Salmon (240 cal.) **add Bourbon Sauce** (60 cal.) \$9.00


Plain Grilled Chicken (220 cal.) **add Bourbon Sauce** (60 cal.) \$8.00

Desserts

Daily Desserts

Red Velvet Cake  (270 cal.) \$3.25

Healthier Choice

 New for Week



(under 460 mg sodium, 4 g saturated fat, 10 g added sugar)



Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.