

# Chesapeake & Shortline

## Sunday Brunch 6/14



### SOUPS & SALADS

**Soup of the Day**- \$2.75

**Plain Grits**-(130 cal.) \$3.00

**Old Fashioned Oats**- (110 cal.) \$3.00

**Caesar Salad** Chopped romaine, parmesan cheese and house made croutons. Caesar dressing on the side. (290 cal.) \$2.75

**Broccoli Crunch Salad**   Broccoli, cauliflower, bacon, red onion, raisins and sunflower seeds tossed in an apple mayonnaise. (180 cal.) \$2.75

**Mixed Fruit**- Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

### Bread of the DAY

**Special Bread: Danish**  (230 cal.) \$3.25

**Biscuit** (250 cal.) \$ 1.75

**Cheese Blintz**  Sweet creamed cheese filled, roasted blintz. (300 cal.) \$8.00

**Melba Sauce** (160 cal.)

**Scrambled Eggs** (200 cal.) \$2.00

**Bacon** (110 cal.) \$1.75


*Turkey Bacon Available upon request only. (50 cal.)*


**Sausage Link** Roasted pork sausage links. (230 cal.) \$1.75



*Turkey Sausage available upon request only. (140 cal.)*

**Home Fries** Russet potatoes, onions, peppers and spices. (120 cal.) \$1.75


**Scrappe** (130 cal.) \$2.75

**Creamed Chip Beef over**  (150 cal.) \$8.50 **Biscuit** (250 cal.)

**Greek Chicken Thigh**  Herb marinated chicken thigh, tzatziki sauce and garnished with cucumber, onion and tomato relish. (250 cal.) \$12.00

**Cauliflower Parmesan**   Roasted cauliflower "steak", topped with mozzarella, fresh basil, parmesan and marinara sauce. \$10.00 (270 cal.)

**Roasted Zucchini**  (30 cal.) \$1.75

**Yukon Mashed Potatoes**  (140 cal.) \$1.75 **Poultry Gravy** (50 cal.)

**Cilantro Rice**  (140 cal.) \$1.75

**Harvard Beets**  (110 cal.) \$1.75


### From the Griddle

Grill specials come with choice of bacon or turkey bacon (50 cal.),

or turkey sausage (140 cal.) or pork sausage and toast

White, Wheat, or English Muffin toast available

GF Toast available upon request.

**Chocolate Chip Pancake Platter**  Buttermilk pancakes with chocolate chips. (580 cal.), Suggested choice of protein: Sausage (230 cal.), Bacon (110 cal.) \$12.00

**Breakfast Platter** - Two pancakes (240 cal.) Scrambled eggs (200 cal.), Suggested choice of protein: Sausage (230 cal.), Bacon (110 cal.), (Turkey Sausage **or** Turkey Bacon available upon request) \$12.00

**Build Your Own Omelet** (70 cal.) \$8.00

**Toppings** : Cheddar Cheese (110 cal.) Spinach (15 cal.)

Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)

**Plain Grilled Salmon** (240 cal.) **add Bourbon Sauce** (60 cal.) \$9.00


**Plain Grilled Chicken** (220 cal.) **add Bourbon Sauce** (60 cal.) \$8.00



### Desserts

#### Daily Desserts

**Apple Dumpling**  (290 cal.) \$3.25

Healthier Choice

 New for Week

|  (under 460 mg sodium, 4 g saturated fat, 10 g added sugar) |  Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.