

# Chesapeake & Shortline

## Sunday Brunch 5/17



### SOUPS & SALADS

**Soup of the Day**- \$2.75

**Plain Grits**-(130 cal.) \$3.00

**Old Fashioned Oats**- (110 cal.) \$3.00

**Caesar Salad** Chopped romaine, parmesan cheese and house made croutons. Caesar dressing on the side. (290 cal.) \$2.75


**Ambrosia Salad**   Mixed fruit with, pecans, marshmallows and whipped cream. (150 cal.) \$2.75

**Mixed Fruit**- Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

### Bread of the DAY

**Special Bread: Raisin Bread**  (70 cal.) \$3.25

**Biscuit** (250 cal.) \$ 1.75

**French Toast Casserole**  Rustic bread baked in a sweetened custard with cinnamon and a pecan streusel topping. (600 cal.) \$10.50

**Scrambled Eggs** (200 cal.) \$2.00

**Bacon** (110 cal.) \$1.75



*Turkey Bacon Available upon request only. (50 cal.)*


**Sausage Link** Roasted pork sausage links. (230 cal.) \$1.75

*Turkey Sausage available upon request only. (140 cal.)*

**Home Fries** Russet potatoes, onions, peppers and spices. (120 cal.) \$1.75

**Scrapple** (130 cal.) \$2.75

**Three Sister Stew**   Carrots, celery, onions, peppers, squash, corn and beans in a tomato and vegetable broth. (130 cal.) \$10.50

**Swedish Meatballs**  Swedish style beef meatballs, served in a sauce of Worcestershire, dijon mustard, cream and beef broth. (530 cal.) \$10.00

**Chicken Cacciatore**  Bone-in quartered chicken slowly braised in a sauce of tomatoes, peppers, onions, mushrooms, herbs and red wine. Served over linguine. \$10.00 (380 cal.)

**Mashed Potatoes w/ Cheddar & Bacon**  (200 cal.) \$1.75

**Sautéed Cinnamon Apples**  (150 cal.) \$1.75

**Southern Green Beans**  (80 cal.) \$1.75

**Steamed Broccoli**  (40 cal.) \$1.75


### From the Griddle

Grill specials come with choice of bacon or turkey bacon (50 cal.),

or turkey sausage (140 cal.) or pork sausage and toast

White, Wheat, or English Muffin toast available

GF Toast available upon request.

**Sausage & Bacon Breakfast Burrito**  Egg, sausage, bacon, peppers, potatoes, onions and cheese in a tortilla wrap. (650 cal.) \$12.00

**Breakfast Platter** - Two pancakes (240 cal.) Scrambled eggs (200 cal.), Suggested choice of protein: Sausage (230 cal.), Bacon (110 cal.), (Turkey Sausage **or** Turkey Bacon available upon request) \$12.00

**Build Your Own Omelet** (70 cal.) \$8.00

**Toppings :** Cheddar Cheese (110 cal.) Spinach (15 cal.)

Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)

**Plain Grilled Salmon** (240 cal.) **add Bourbon Sauce** (60 cal.) \$9.00


**Plain Grilled Chicken** (220 cal.) **add Bourbon Sauce** (60 cal.) \$8.00



### Desserts

#### Daily Desserts

**Sticky Bun Cake**  (400 cal.) \$3.25

Healthier Choice

 New for Week

|  (under 460 mg sodium, 4 g saturated fat, 10 g added sugar) |  Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.