

# Bar @ Chesapeake

## Specials

### 5.25-5.30

**Capellini Margherita** - Capellini, olive oil, cherry tomatoes, garlic, basil, mozzarella and parmesan cheese. (170 cal.) \$8.00

**Egyptian Spiced Chicken Skewers** - Chicken breast, sesame seeds, herbs, spices and yogurt. (80 cal.) \$8.00

**Fruit of the Week: Orange**

### 6.1- 6.6

**Mushroom Spinach Quiche** - Eggs, cream, onion, mushroom, spinach and cheddar cheese, baked in a pie shell. (160 cal.) \$6.00

**Philly Cheesesteak Eggroll** - Philly beef and sautéed onions in an eggroll shell with Sriracha cheese sauce. (350 cal.) \$8.00

**Fruit of the Week: Prunes**

### 6.8- 6.13

**Mussels Marinara** - Mussels, garlic, wine, tomatoes, fresh herbs, butter and a touch of spice with grilled toast. (140 cal.) \$10.00

**Sweet Potato & Spicy Honey Salad** - Sweet potato, spicy honey, pickled onion and candied pecans. (180 cal.) \$8.00

**Fruit of the Week: Grapes**