

# Bar @ Chesapeake

May 18<sup>th</sup> – June 13<sup>th</sup>

## 1<sup>st</sup> Course

### **Soup of the Day** ★

A homemade specialty soup prepared in house. \$2.75

### **French Onion Soup** ★ 🍎

Caramelized onions, sherry and beef broth, topped with a crostini of gruyere and Swiss cheese.

(120 cal.) \$2.75

### **Spinach & Potato Flan** 🍎 🌿

Spinach, red bliss potatoes, custard and gruyere cheese. (230 cal.) \$6.00

### **Vegetable Pasta Salad** ★ 🍎 🌿

Shell pasta with vegetables, cheese and Italian dressing. (70 cal.) \$4.00



★ New for May



Healthier Choice  
(under 460 mg sodium, 4 g  
saturated fat, 10 g added sugar)



Vegetarian

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## 2<sup>nd</sup> Course

### **Oyster Stew** 🍎 ⭐

Onions, oysters, cream, Worcestershire sauce, tabasco sauce, parsley and spices. (380 cal.) \$10.00

### **Tempura Vegetables** 🌿

Batter fried yam, green beans, broccoli and mushroom with sriracha mayo dipping sauce. (450 cal.) \$8.00

### **Lamb Meatballs** ⭐

Lamb, Italian sausage, parmesan cheese, rosemary, fennel, tomato sauce, toasted breadcrumbs.  
(100 cal.) \$8.00

### **Chicken Liver w/ Caramelized Onions**

Sauteed chicken livers, garlic oil, salt, pepper, caramelized onions and grilled baguette. (140 cal.) \$8.00

*Suggested Cocktail:*

### **Sunrise Mimosa**

Prosecco, tequila, pineapple juice, and grenadine.



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## 3<sup>rd</sup> Course

### **Fried Calamari**

Fried Squid, lemon and tomato sauce. (400 cal.) \$8.00

### **Firecracker Shrimp**

Shrimp, paper, chili sauce, soy sauce and Asian coleslaw in a spring roll wrapper. (290 cal.) \$12.00

### **Thai Chili Salmon**

Salmon filet, broccoli, peppers and onions with a sweet Thai chili sauce. (170 cal.) \$10.00

### **Beef Kofta ★**

Spiced ground beef patties, hummus, lettuce, olives, cucumber, red onion and tomato with yogurt garlic sauce. (490 cal.) \$8.00

*Suggested Cocktail:*

### **Elder Flower Spritz**

Prosecco Elder flower liqueur, simple syrup



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## 4<sup>th</sup> Course

### Desserts

**Raspberry Empanada**★(350 cal.) \$3.25  
Flour, citrus, cottage cheese, raspberry preserves.

**NSA Dessert of the Day**  
(Please ask your server) \$3.25

**Please Ask Your Server  
for Ice Cream Selection**

★ New for May

🍏 Healthier Choice  
(under 460 mg sodium, 4 g  
saturated fat, 10 g added sugar)

🌿 Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.