



**CHARLESTOWN 2026
WELL-BEING EXPO:
GOOD HEALTH IS NO GOOD
WITHOUT WELLNESS**
Thursday, April 16, 2026
10:00 AM to 12:30 PM
Chesapeake
Fireplace/Lounge Area in
Cross Creek

CHARLESTOWN VENDORS EMBRACE WELL-BEING

- American Diabetes & Res. Council → Info. On Preventing & Managing Diabetes
- American Medical → Display of medical equipment, supportive footwear & compression stockings – Providing walker & wheelchair adjustments
- Ascension St. Agnes Pulmonary Care → Information and Give Aways
& the Cancer Institute
- Ascension St. Agnes Hearing Care → Hearing Aid information and samples
- CCBC → Information on classes
- Center for Vein Restoration → Leg Scans & Compression Stockings
- Chesapeake Hearing Center → Dr. Rau will be available to discuss “it’s never too late for better hearing”
- Chesapeake Urology → Information on UTI and Overactive Bladder
- CVS Pharmacy → Information on CVS Products and Programs
- Gilchrist Hospice Care → Information on Tools & Tips for Living Well
- Maryland Relay → Sample phones, low vision devices.
- On-site Dermatology → Brochures and Skin Care Samples
- Tai Chi → Qi and Sean - Instructors
- Van Dyke & Bacon Shoes → Display of Footwear