

# CONTINUING CARE AT CHARLESTOWN

	4/26/26 Sunday	4/27/26 Monday	4/28/26 Tuesday	4/29/26 Wednesday	4/30/26 Thursday	5/1/26 Friday	5/2/26 Saturday
BREAKFAST	Milk/OJ Oatmeal/Cold Cereal Scrambled Eggs Sausage Patty Biscuit W/ Cinnamon Butter <b>Fresh Banana</b>	Milk/OJ Oatmeal/Cold Cereal/Grits Scrambled Eggs Bacon Hash Brown Potatoes <b>Fresh Banana</b>	Milk/OJ Oatmeal/Cold Cereal/Cream of wheat Cheese Omelet Turkey Sausage Danish <b>Fresh Banana</b>	Milk/OJ Oatmeal/Cold Cereal Scrambled Eggs Biscuit Cream Chipped Beef <b>Fresh Banana</b>	Milk/OJ Oatmeal/Cold Cereal/Grits Cheese Omelet Pork Sausage Link Coffee Cake <b>Fresh Banana</b>	Milk/OJ Oatmeal/Cold Cereal Scrambled Eggs Bacon Muffin <b>Fresh Banana</b>	Milk/OJ Oatmeal/Cold Cereal Scrambled Eggs Turkey Sausage Link Donut <b>Fresh Banana</b>
LUNCH	Garden Vegetable Soup Garden Salad <b>Beef Stir Fry over Rice</b> <b>Shrimp and Grits</b>  Parmesan Roasted Carrots  Pineapple Upside Down Cake Chilled Fruit / Gelatin	Beef Vegetable Soup Garden Salad <b>Tuna Salad Sandwich</b> <b>Fried Chicken Sandwich</b>  Fries Ice Cream	MD Crab Soup Garden Salad <b>BBQ Pulled Pork Sandwich</b> <b>Cottage Cheese &amp; Fruit Plate</b>  Coleslaw Ice Cream Chilled Fruit / Gelatin	Tomato Soup Garden Salad <b>Open-faced Brisket Grilled Cheese</b> <b>Shrimp Ceasar Salad w/ Roll</b>  Fruit Ice Cream Chilled Fruit / Gelatin	Chicken Vegetable Soup Garden Salad <b>Hotdog on Bun</b> <b>w/ Mustard/Ketchup</b> <b>Egg Salad Sandwich</b>  Sweet Potato Fries  Ice Cream Chilled Fruit / Gelatin	Vegetable Minestrone Garden Salad <b>Seafood Salad</b> <b>Cheeseburger</b>  Ambrosia  Ice Cream Chilled Fruit / Gelatin	Portuguese Bean Soup Garden Salad <b>Cheese Pizza</b> <b>Chicken Salad Sandwich</b>  Cucumber Dill Salad Ice Cream
DINNER	<b>French Onion Soup</b>  <b>Beef Noodle Casserole</b> <b>Seasoned Catfish</b>  Green Beans Mashed Potatoes w/ Gravy Roll Ice Cream No Sugar Added Dessert	<b>Chicken Florentine Soup</b>  <b>Salmon Cake</b> <b>Sour Beef w/ Dumplings</b>  Asparagus Mashed Potatoes Roll Brownie A la Mode No Sugar Added Dessert	<b>Mushroom Barley Soup</b>  Grilled Chicken W/ Tzatziki Sauce <b>Smothered Cajun Steak</b>  Baked Potato Zucchini Roll Coconut Cream Pie No Sugar Added Dessert	<b>Potato Leek Soup</b>  <b>Swedish Meatballs</b> <b>Lemon Baked Swai</b>  Peas & Carrots Egg Noodles Roll Angel Food Cake w/ topping No Sugar Added Dessert	<b>Cream Of Spinach Soup</b>  <b>Fried Chicken</b> <b>Meatloaf</b>  Stewed Tomatoes Macaroni and Cheese Roll Banana Cream Pie No Sugar Added Ice Cream	<b>Corn Chowder Soup</b>  <b>Ravioli Marinara</b> <b>w/ Garlic Bread</b> <b>Turkey A la King Over Rice</b>  Collard Greens Roll Assorted Desserts No Sugar Added Dessert	<b>Cream of Broccoli Soup</b>  <b>Buttermilk Chicken</b> <b>Lemon Garlic Pork Roast</b>  Roasted Seasoned Potatoes Honey Glazed Carrots Roll Assorted Ice Cream Novelties No Sugar Added Ice Cream