

# Chesapeake & Shortline

## Sunday Brunch 5/3



### SOUPS & SALADS

**Soup of the Day**- \$2.75

**Plain Grits**-(130 cal.) \$3.00

**Old Fashioned Oats**- (110 cal.) \$3.00

**Caesar Salad** Chopped romaine, parmesan cheese and house made croutons. Caesar dressing on the side. (290 cal.) \$2.75


**Caprese Salad**   Sliced tomato and fresh mozzarella with olive oil and balsamic vinegar reduction. (240 cal.) \$2.75

**Mixed Fruit**- Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

### Bread of the DAY

**Special Bread: Assorted Muffins**  (320 cal.) \$3.25

**Biscuit** (250 cal.) \$ 1.75

**Cheese Blintz**  Sweet cream cheese filled, roasted blintz. (30 cal.) \$8.00

**Scrambled Eggs** (200 cal.) \$2.00

**Bacon** (110 cal.) \$1.75


*Turkey Bacon Available upon request only. (50 cal.)*

**Sausage Link** Roasted pork sausage links. (230 cal.) \$1.75


*Turkey Sausage available upon request only. (140 cal.)*

**Home Fries** Russet potatoes, onions, peppers and spices. (120 cal.) \$1.75

**Scrapple** (130 cal.) \$2.75

**French Toast Casserole**  Rustic bread baked in a sweetened custard with cinnamon and a pecan streusel topping. (600 cal.) \$10.50

**Pan Seared Chicken w/ Artichoke**  Floured then sautéed chicken breast finished with artichokes, mushrooms, tomatoes and a white wine pan sauce. (210 cal.) \$10.00

**Beef Goulash**  Braised beef with onion, garlic, paprika, mushrooms and tomato served over egg noodles. \$10.00 (350 cal.)

**Baked Potato**  (220 cal.) \$1.75

**Red Beans & Rice**  (120 cal.) \$1.75

**Braised Red Cabbage**  (20 cal.) \$1.75

**Ratatouille**  (30 cal.) \$1.75


### From the Griddle

Grill specials come with choice of bacon or turkey bacon (50 cal.),

or turkey sausage (140 cal.) or pork sausage and toast

White, Wheat, or English Muffin toast available

GF Toast available upon request.

**Monte Cristo**  Ham, turkey, gruyere cheese, eggs, milk, mustard and mayonnaise. (620 cal.) \$12.00

**Breakfast Platter** - Two Pancakes (240 cal.) Scrambled Eggs (200 cal.), Suggested choice of protein: Sausage (230 cal.), Bacon (110 cal.), (Turkey Sausage **or** Turkey Bacon available upon request) \$12.00

**Build Your Own Omelet** (70 cal.) \$8.00

**Toppings** : Cheddar Cheese (110 cal.) Spinach (15 cal.)

Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)

**Plain Grilled Salmon** (240 cal.) **add Bourbon Sauce** (60 cal.) \$9.00


**Plain Grilled Chicken** (220 cal.) **add Bourbon Sauce** (60 cal.) \$8.00

### Desserts

#### Daily Desserts

**Apple Blossom**  (230 cal.) \$3.25

Healthier Choice

 New for Week



(under 460 mg sodium, 4 g saturated fat, 10 g added sugar)



Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.