

Chesapeake & Shortline

Sunday Brunch 4/26



SOUPS & SALADS

Soup of the Day- \$2.75

Plain Grits-(130 cal.) \$3.00

Old Fashioned Oats- (110 cal.) \$3.00

Caesar Salad Chopped romaine, parmesan cheese and house made croutons. Caesar dressing on the side. (280 cal.) \$2.75

Asian Salad   Cabbage, carrots, tomatoes, peppers, water chestnuts and snow peas, served over a bed of lettuce and garnished with crispy wontons. (30 cal.) \$2.75

Mixed Fruit- Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

Bread of the DAY

Special Bread: Raisin Bread  (70 cal.) \$3.25

Biscuit (250 cal.) \$ 1.75

Ham & Cheese Strata  Baked egg, ham, ricotta, parmesan, mozzarella cheese, milk and bread. (370 cal.)

Scrambled Eggs (200 cal.) \$2.00

Bacon (110 cal.) \$1.75

Turkey Bacon Available upon request only. (50 cal.)


Sausage Link Roasted pork sausage links. (230 cal.) \$1.75



Turkey Sausage available upon request only. (140 cal.)

Home Fries Russet potatoes, onions, peppers and spices. (120 cal.) \$1.75

Scrappe (130 cal.) \$2.75

BBQ Pulled Pork  Braised pork shoulder with a sweet and tangy BBQ sauce. (340 cal.) \$10.50

Blackened Catfish  Pan seared Cajun spiced catfish filet. (210 cal.) \$10.00

Portabella Stuffed Mushrooms   Roasted portabella mushroom, stuffed with sautéed peppers, onions, squash, zucchini, fresh herbs, breadcrumbs, and mozzarella cheese. \$10.00 (240 cal.)

Stewed Tomatoes w/ Okra  (50 cal.) \$1.75

Swiss Chard  (20 cal.) \$1.75

Brown Rice  (180 cal.) \$1.75

Sautéed Apples  (150 cal.) \$1.75

From the Griddle

Grill specials come with choice of bacon or turkey bacon (50 cal.),

or turkey sausage (140 cal.) or pork sausage and toast

White, Wheat, or English Muffin toast available

GF Toast available upon request.

Breakfast Quesadilla  Flour tortilla, eggs, onion, red and green pepper, monterey jack and cheddar cheeses. (640 cal.) \$12.00

Breakfast Platter - Two pancakes (240 cal.) Scrambled eggs (200 cal.), Suggested choice of protein: Sausage (230 cal.), Bacon (110 cal.), (Turkey Sausage **or** Turkey Bacon available upon request) \$12.00

Build Your Own Omelet (70 cal.) \$8.00

Toppings : Cheddar Cheese (110 cal.) Spinach (15 cal.)

Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)

Plain Grilled Salmon (240 cal.) **add Bourbon Sauce** (60 cal.) \$9.00


Plain Grilled Chicken (220 cal.) **add Bourbon Sauce** (60 cal.) \$8.00



Desserts

Daily Desserts

Apple Fritter  (410 cal.) \$3.25

Healthier Choice

 New for Week

|  (under 460 mg sodium, 4 g saturated fat, 10 g added sugar) |  Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.