



Our Lady of the Angels Catholic Community

March 2026

Dear Friends,

I imagine that most of us here at Charlestown are extremely happy to see the arrival of the month of March. Most of the past winter was not too bad but the beginning of February was truly brutal. The trees were already coming to new life before the bitter cold and snow. Thank God that the bitter cold and snow are no match for mother nature determined to burst into spring. I was also worried about the spring flowers, but it seems that Charlestown will be having the beautiful spring we are all awaiting. We have also begun the Lenten season, and I hope folks are able to find the time and quiet to pray and prepare for the upcoming celebrations. Please remember that there are Stations of the Cross every Friday at 3:00, except for Good Friday. Also, the Day of Recollection on Tuesday, March 10th. Fr. Gula is very excited about sharing this day with us, and all are welcome. Remember also that there is Benediction every Thursday at the end of the 9:00 Mass with adoration on the second Thursday in the Jenkins room.

I again want to mention the Archdiocesan Annual Appeal. It would be most fitting to make your donation to this during the Lenten season. If you have not received your mailing from the Archbishop please remember there are pledge cards outside the chapel, and also in the pastoral care office. Again, I encourage everyone to be as generous to this most worthy cause.

I am reminded that it was in March of 1976, fifty years ago, that I decided after much discernment to be ordained for the Archdiocese of Seattle, even though I grew up in Falls Church, Virginia. I went to Seattle that summer and was ordained a deacon at the end of the summer by Archbishop Raymond Hunthausen. I spent two years there in a parish before being released to the Sulpicians to teach in the college seminary in San Jose, Ca. I made many friends in Seattle and have often returned for summers and vacations. I was truly proud to cheer for the Seattle Seahawks who won the recent Super Bowl. Even though I haven't been back in several years, all of my memories of Seattle are ones of joy and happiness. I hope everyone has a great month and that it is nice and warm. May God bless you all and may He prepare us all for a beautiful experience of Holy Week and Easter. Take care



A Note from Sister Eileen

Dear Friends,

Have a private garage sale!

A spiritual writer once compared our souls to a "garage". As I think about this image, I realize that all too often I can store resentments, anger, judgments and other "junk"

deep in the recesses of my soul. So, I'd like to invite you to join me in having a private garage sale during these days of Lent.

To do this I need to examine my soul to see what the clutter is. Then I need to attend to whatever seems unfinished with it and be willing to discard it in order to clear a space for my life's real treasures.

This might mean creating a time and space in my day where I can hear God's voice rather than reciting a monologue of prayer intentions. It could mean using my fasting, not to impress God with my discomfort, but to feast on the gifts for which I hunger most. More than anything, I know you share my desire to enter as fully as possible into these Lenten days, especially Holy Week and the Triduum. I pray that we will all be open to God's action in our lives and respond wholeheartedly to God's Spirit.

Blessings and peace!

Sister Eileen

Dates to Remember:

Tuesday, March 10th – Day of Recollection

9:00 am – 3:00 pm

Tuesday, March 31st – Tenebrae Service

Did You Know?

- The Stations of the Cross originated during the Crusades, when it was popular to visit Jerusalem to follow the steps to Calvary.
- After the Holy Land was captured, making pilgrimages there became a very dangerous affair. A desire arose to reproduce these holy places in other lands as a substitute pilgrimage.
- It soon became popular to have outdoor markers indicate not only the scenes in Christ's path to Golgotha, but also the actual distances from location to location.
- Crude markers eventually gave way to elaborate artwork depicting the events of Jesus' trial, torture and execution.
- By the middle of the 18th century, the Stations were allowed inside churches and served as a focus for Lenten devotions.
- The Stations help the faithful make a spiritual pilgrimage to the major scenes of Christ's suffering and death.



March – Faith on Film –

*“Carlo Acutis: The First Millennial Saint” Tuesday, March 17th @ 1:00 pm
In Pastoral Care Emmaus Room*

(Please note date change)



Our March book is "Love and Other Consolation Prizes " by: Jamie Ford. We will meet in the Emmaus Room at 2 pm on Tuesday, March 24th at 2 pm. All are welcome.