

Café on Main

Brunch Sunday 3/15

SOUPS & SALADS

Soup of the Day- \$2.75

Plain Grits-(130 cal.) \$3.00

Old Fashioned Oats- (110 cal.) \$3.00

House Salad - Mixed greens, carrots, tomatoes and cucumber. (30 cal.) \$2.75

Caesar Salad - Chopped romaine, parmesan cheese and house made croutons. (290 cal.) \$2.75

Broccoli Cauliflower Crunch Salad - ★ Broccoli, cauliflower, bacon, red onion, raisins and sunflower seeds tossed in an apple mayonnaise. (180 cal.) \$2.75

Mixed Fruit- Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

BREAKFAST BUFFET

Sourdough, Wheat, Rye Toast Available. GF Toast available upon request.

ENTREES

Plant Based “Steak” Carnitas ★ 🌿 🍏 Plant based steak, garlic, onion, pepper and spices. (250 cal.) \$8.00

King Ranch Chicken Casserole- ★ Corn tortillas layered with, chicken, mushrooms, onions and peppers in a creamy tomato sauce. (580 cal.) \$8.00

Beef Tamale Pie ★ Cornbread based pie - Ground beef seasoned with cumin, garlic, pepper - topped with cheddar cheese, enchilada sauce and baked. \$8.00 (630 cal.)

Blueberry Stuffed Pancakes- ★ (190 cal.) \$8.00

Creamed Chipped Beef- (150 cal.) w/ Biscuit (250 cal.)

SIDES

Scrambled Eggs-(200 cal.) \$2.00

Bacon (110 cal.) \$1.75

Sausage Link- Roasted pork sausage links. (230 cal.) \$1.75

Ranch Home Fries- (115 cal.) \$1.75

Stewed Tomatoes w/ Okra- (50 cal.) \$1.75

Roasted Acorn Squash - (60 cal.) \$1.75

Sautéed Cinnamon Apples- (150 cal.) \$1.75

Spanish Rice (180 cal.) \$1.75

PASTRY of the DAY

Raspberry Empanada (350 cal.) \$3.25

Biscuits (250 cal.) \$ 1.75

★ New for Week



Healthier Choice
(under 460 mg sodium, 4 g saturated fat, 10 g added sugar)



Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.