

Bar @ Chesapeake

Specials

3.23 - 3.28

Crab & Fried Green Tomatoes Cornmeal fried green tomatoes topped with chilled crab salad. (150 cal.) \$8.00

Chili Con Queso Fried tortilla chips with a sauce of cheddar and jack cheeses, milk, onions, jalapeno and spices. (260 cal.) \$8.00

Fruit of the Week: Banana

3.30- 4.4

Chicken & Cheddar Waffles Crispy fried chicken served on a warm cheddar and chive waffle with hot Bourbon sauce. (320 cal.)

Grilled Peach & Pecan Salad Grilled peaches, mixed greens, candied pecans, pickled onions and feta cheese, topped with a balsamic vinaigrette. (250 cal.) \$10.00

Fruit of the Week: Orange

4.6- 4.11

Pear & Cottage Cheese Sliced pears and cottage cheese. (70 cal.) \$12.00

Shrimp Romesco Battered and fried shrimp with a sauce of roma tomatoes, jalapenos, roasted red peppers, garlic, almonds and pine nuts, garnished with gremolata. (200 cal.) \$10.00

Fruit of the Week: Pear

4.13- 4.18

Spinach & Potato Flan Spinach, red bliss potatoes, custard and gruyere cheese. (230 cal.) \$12.00

Smoked Salmon w/ Potato Cake Smoked salmon, potato pancake, dill sour cream, capers and onion. (140 cal.) \$10.00

Fruit of the Week: Grapefruit

★ New for March-April | 🍏 460mg sodium, 4g sat fat, 10 g added sugar | 🌿 Vegetarian