

Martin Luther King Jr. Day Menu

Buffet Brunch Hours

Monday 1/19/2026 11 am-2 pm

Soup & Salad

Chicken & Sausage Gumbo (210 cal.)

Roasted chicken, andouille sausage, green peppers, okra, celery, garlic, onions and white rice in a chicken broth

Beet & Orange Salad (140 cal.) Roasted beets, oranges, pistachios and goat cheese topped with a balsamic reduction

House Salad (10 cal.) Mixed greens, carrots, tomatoes and cucumber

Mixed Fruit (40 cal.)

Entree

Vegetarian Jambalaya (200 cal.)

Tofu, black eyed peas, rice, green and red peppers, okra and spice

Pickle Brined Fried Chicken (2300 cal.) Chicken breast, pickle brine, flour, corn starch and seasonings

Seared Catfish W/ Cajun Butter (210 cal.) Filet of catfish lightly seasoned then pan seared, butter with Cajun seasoning, lemon & garlic

Smothered Cajun Steak (400 cal.) Braised beef with onion, pepper, mushroom, spices, flour, butter and beef broth

Grilled Salmon Filet (240 cal.)

Waffles (200 cal.)

Scrambled Eggs (200 cal.)

Bacon (110 cal.)

Sausage (230 cal.)

Sides

Mac and Cheese (230 cal.) A blend of Monterey Jack, parmesan and cheddar cheese and a hint of nutmeg

Collard Green Braised Veg (70 cal.)

Steamed Green Beans (35 cal.)

Baked Beans (70 cal.)

Tater Tots (270 cal.)

Biscuit (250 cal.)

Mixed Fruit (40 cal.)

Dessert

Sweet Potato Pie (70 cal.)

NSA Apple Pie (170 cal.)

Mixed Fruit (40 cal.)

