

# Chesapeake & Shortline

## Sunday Brunch 1/25

### SOUPS & SALADS

**Soup of the Day** - \$2.75

**Plain Grits** - (130 cal.) \$3.00

**Old Fashioned Oats** - (110 cal.) \$3.00

**Kale Bleu Cheese & Bacon Salad** ★ Crispy bacon, sliced apples, dried cranberries, candied pecans, blue cheese and kale with choice of dressing. (160 cal.) \$2.75

**House Salad** - Mixed greens, carrots, tomatoes and cucumber. (10 cal.) \$2.75

**Caesar Salad** - Chopped romaine, parmesan cheese and house made croutons, tossed in Caesar dressing. (290 cal.) \$2.75

**Mixed Fruit** - Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

### Bread of the DAY

**Special Bread: Assorted Muffins** ★ (280 cal.) \$3.25

**Biscuits** (250 cal.) \$ 1.75

**Country Gravy Over Biscuit** ★ Mild Italian sausage, rosemary, sage, whole milk, cracked pepper. Served over a biscuit. (120 cal.)

**Scrambled Eggs** (200 cal.) \$2.00

**Bacon** (110 cal.) \$1.75

*Turkey Bacon Available upon request only. (50 cal.)*

**Sausage Link** Roasted pork sausage links. (230 cal.) \$1.75

*Turkey Sausage available upon request only. (140 cal.)*

**Home Fries** 🌿 Diced potato, green and red pepper, onion, garlic, seasoning. (100 cal.) \$1.75

**Scrapple** - (130 cal.) \$2.75

**Honey Garlic Salmon** ★ Salmon with soy, ginger, garlic and honey reduction garnished with sesame seeds. (480 cal.) \$10.50

**Chicken Croquette** ★ Breaded patty of chicken, minced vegetables, herbs and spices. Served with gravy. (290 cal.) \$10.00

**Beef Stroganoff** ★ Seared tenderloin tips, mushrooms, demi glaze - finished with sour cream over egg noodles. \$10.00 (400 cal.)

**Green Beans w/ Tomatoes** ★ (30 cal.) \$1.75

**Steamed Brussels Sprouts** ★ (50 cal.) \$1.75

**Corn O'Brien** ★ (120 cal.) \$1.75

**Basmati Rice** ★ (150 cal.) \$1.75

### From the Griddle

Grill specials come with choice of bacon or turkey bacon (50 cal.), or turkey sausage (140 cal.) or pork sausage and toast  
White, Wheat, or English Muffin toast available  
GF Toast available upon request.

**Blueberry Pancakes** ★ Buttermilk pancakes with blueberries. (510 cal.) \$12.00

**Breakfast Special** - Two Pancakes (240 cal.) Scrambled Eggs (200 cal.), Suggested choice of protein: Sausage (230 cal.), Bacon (110 cal.), (Turkey Sausage **or** Turkey Bacon available upon request) \$12.00

**Build Your Own Omelet** (70 cal.) \$8.00

**Toppings** : Cheddar Cheese (110 cal.) Spinach (15 cal.)

Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)

**Plain Grilled Salmon** (240 cal.) **add Bourbon Sauce** (60 cal.) \$9.00

**Plain Grilled Chicken** (220 cal.) **add Bourbon Sauce** (60 cal.) \$8.00

### Desserts

#### Daily Desserts

**Blueberry Crumb Cake** ★ (120 cal.) \$3.25

Healthier Choice

★ New for Week

🍏 (under 460 mg sodium, 4 g saturated fat, 10 g added sugar) 🌿 Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.