

Chesapeake & Shortline

Sunday Brunch 1/18

SOUPS & SALADS

Soup of the Day- \$2.75

Plain Grits-(130 cal.) \$3.00

Old Fashioned Oats- (110 cal.) \$3.00

Pasta Salad -★ Bowtie pasta with vegetables, cheese and Italian dressing. (140 cal.) \$2.75

House Salad -Mixed greens, carrots, tomatoes and cucumber. (10 cal.) \$2.75

Caesar Salad - Chopped romaine, parmesan cheese and house made croutons, tossed in Caesar dressing. (290 cal.) \$2.75

Mixed Fruit- Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

Bread of the DAY

Special Bread: Scones ★ (280 cal.) \$3.25

Biscuits (250 cal.) \$ 1.75

Creamed Chipped Beef over Biscuit ★ (150 cal.)

Scrambled Eggs (200 cal.) \$2.00

Bacon (110 cal.) \$1.75

Turkey Bacon Available upon request only. (50 cal.)

Sausage Link Roasted pork sausage links. (230 cal.) \$1.75

Turkey Sausage available upon request only. (140 cal.)

Home Fries Diced potato, green and red pepper, onion, garlic, seasoning. (100 cal.) \$1.75

Scrapple- (130 cal.) \$2.75

Roasted Turkey w/ Gravy★🍏 Oven roasted - Savory thyme and sage turkey with gravy. (190 cal.) \$10.50

Pepper Steak ★ Sliced beef, peppers, onions, snow peas, garlic, ginger and carrots in a sesame sauce served over a bed of Jasmine rice. (580 cal.) \$10.00

Vegetarian Cottage Pie★🌿 Lentils, mushroom, onion, celery, parsnip, butternut squash, garlic, miso and tomato reduced with red wine and mashed potato crust. \$10.00 (240 cal.)

Green Beans Almandine ★ (90 cal.) \$1.75

Jasmine Rice ★(130 cal.) \$1.75

Sour Cream & Chive Mashed Potatoes ★(140 cal.) \$1.75

Sautéed Italian Asparagus ★(30 cal.) \$1.75

From the Griddle

Grill specials come with choice of bacon or turkey bacon (50 cal.), or turkey sausage (140 cal.) or pork sausage and toast

White, Wheat, or English Muffin toast available

GF Toast available upon request.

French Toast ★ Egg, cream, cinnamon and sugar dipped toast, cooked on the griddle. (230 cal.) \$12.00

Breakfast Special - Two pancakes (240 cal.) Scrambled Eggs (200 cal.), Suggested choice of protein: Sausage (230 cal.), Bacon (110 cal.), (Turkey Sausage **or** Turkey Bacon available upon request) \$12.00

Build Your Own Omelet (70 cal.) \$8.00

Toppings : Cheddar Cheese (110 cal.) Spinach (15 cal.)

Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)

Plain Grilled Salmon (240 cal.) **add Bourbon Sauce** (60 cal.) \$9.00

Plain Grilled Chicken (220 cal.) **add Bourbon Sauce** (60 cal.) \$8.00

Desserts

Daily Desserts

Cherry Strudel★(120 cal.) \$3.25

Healthier Choice

★ New for Week

🍏 (under 460 mg sodium, 4 g saturated fat, 10 g added sugar) 🌿 Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.