

A MESSAGE FROM **Dining Services**

Monday Buffet

Chesapeake 11am-3pm

January 26th, 2026

Soup

Vegetable Minestrone

Carrot, celery, onion, tomato, cabbage, fresh herbs, kidney beans, parmesan cheese and Ditalini pasta in tomato and vegetable broth. (80 cal.)

Salad

Caesar Salad (290 cal.)

Entrees

Vegetarian Thai Curry over Rice Sautéed mushrooms, carrots, broccoli, red peppers, eggplant and water chestnuts with curry spiced garlic and ginger coconut sauce - over jasmine rice. (250 cal.) \$8.00

Baked Cod Baked Cod filet. (130 cal.) \$8.00

Greek Chicken Herb marinated chicken thigh, tzatziki sauce and garnished with cucumber, onion and tomato relish. (250 cal.) \$8.00

Ham w/ Rum Raisin Sauce Hardwood smoked ham topped with a sweet, tangy orange raisin rum sauce, with clove and cinnamon. (400 cal.) \$8.00

Sides

Mashed Potatoes (140 Cal.)

White Rice (140 Cal.)

Broccoli (40 Cal.)

Green Beans (40 Cal.)

Desserts

Daily Dessert Selection

Fruit Selection