

# Terrace Café

## October 13<sup>th</sup> – November 8<sup>th</sup>

### SOUPS & SALADS

**Soup of the Week-** \$2.75  
**Soup of the Day** A homemade specialty soup prepared in-house. \$2.75  
**Mixed Fruit-** Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75  
**Caesar Salad -** Chopped romaine, parmesan cheese and house made croutons. (290 cal.) \$3.25  
**Carrot Raisin Salad -** ★ Shredded carrots and raisins tossed in a sweet and tangy dressing. (210 cal.) \$3.25  
**Broccoli Crunch Salad-** ★ Broccoli, cauliflower, bacon, red onion, raisins and sunflower seeds tossed in an apple mayonnaise. (190 cal.) \$3.25  
**House Salad -** Mixed greens, carrots, tomatoes and cucumber. (10 cal.) \$3.25

### ENTRÉE SALADS

Served w/ Shrimp (140 cal.), Chicken (220 cal.) or Plain Baked Tofu (90 cal.)

**Caesar Salad -** Chopped romaine, parmesan cheese, house-made croutons, tossed in Caesar dressing. (500 cal.) \$9.00  
**Chicken Cobb Salad -** Diced grilled chicken, avocado, bacon, egg, tomato, blue cheese, cheddar cheese over crispy romaine lettuce. Served with a dressing of your choice on the side. (440 cal.) \$10.00  
**Chef Salad -** ★ Green leaf, iceberg and romaine lettuce - Turkey, ham, cheddar cheese, Swiss cheese, tomato, cucumber and hard boiled egg. (420 cal.) \$10.00  
**Trio Salad-** ★ Tuna, egg and chicken salads served over crispy lettuce with tomatoes and cucumbers. (510 cal.) \$10.00

### DELI

Served with a Dill pickle and one side.  
**\*Gluten Friendly Bread Options Available\***

**Chicken Salad -** ★ Roasted and diced chicken tossed with mayonnaise, mustard and celery. (340 cal.) \$6.00  
**Shrimp Salad -** ★ Chilled steamed shrimp, lemon and seasoning tossed with mayonnaise and celery. (310 cal.) \$8.00  
**Tuna Salad -** Tuna, lemon, and mayonnaise. (330 cal.) \$6.00  
**Egg Salad -** Diced eggs, mayonnaise and mustard lightly seasoned. (270 cal.) \$6.00  
**Italian Cold Cut Sub -** Thinly sliced salami, ham and mortadella layered with provolone cheese, lettuce, tomato, onion and lemon vinaigrette on a hard roll. (790 cal.) \$9.00  
**Turkey Club -** Thinly sliced turkey with American cheese, crispy bacon, lettuce and tomato on 3 layers of toasted bread. (450 cal.) \$8.00

### GRILL

Served with a Dill Pickle and one side.  
**\*Gluten Friendly Bread Options Available\***

**Signature Burger -** Smash style griddle seared beef burger with shredded lettuce, tomato and onion, on a toasted brioche bun. (550 cal.) \$6.95  
**Bacon Blue Cheeseburger-** Smash style griddle seared burger with bacon and a blue cheese sauce on a toasted brioche bun. (660 cal.) \$8.00  
**Garden Vegetable Burger -** Morning Star Farms Garden Vegetable patty, topped with lettuce, tomato and onion on a brioche bun. (460 cal.) \$8.00  
**Philly Cheesesteak -** Seared Philadelphia style steak and onions on a roll with melted provolone cheese. (820 cal.) \$8.00  
**Philly Chicken Cheesesteak -** "Philly style" chicken sautéed with onions and American cheese on a toasted sub roll. (710 cal.) \$8.00  
**Grilled Cheese -** Buttered and toasted bread with melted American cheese. (320 cal.) \$4.00  
**Hot Dog -** All beef, quarter pound hot dog on a bun. (440 cal.) \$5.00  
**Turkey Rachel-** Thinly sliced roasted turkey breast, coleslaw, Swiss cheese and 1000 island dressing on toasted rye bread. (760 cal.) \$9.00  
**Chicken Bacon Ranch Panini -** ★ Grilled chicken breast with bacon, ranch dressing and pepper jack cheese on sourdough panini bread. (750 cal.) \$9.00

### SALAD DRESSING

1000 Island (140 cal.)  
Balsamic Vinaigrette (60 cal.)  
Blue Cheese (160 cal.)  
Italian (50 cal.)  
Ranch (120 cal.)  
Honey Dijon (130 cal.)

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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### PIZZA (500-790 cal.)

Cheese – Pepperoni – Sausage – Ham,  
Roasted Red Peppers – Red Onions – Portabella Mushrooms- \$8.00

**Gluten Friendly crust available upon request.**

### ENTRÉES

**Buffalo Chicken Wings** –Crispy fried chicken wings tossed in a traditional spicy Buffalo sauce. Served with blue cheese dressing. (930 cal.) \$9.00

**Chicken Tenders-** Buffalo, BBQ, Old Bay or plain with coleslaw, and one side. (340 cal.) \$9.00

**Plain Grilled Chicken-** (220 cal.) \$6.00 🍏

**Plain Salmon-** (240 cal.) \$11.00 🍏

OR CHOOSE FROM OUR DAILY SPECIALS OR ACTION STATION.

### BEVERAGES

Coke – Diet Coke – Root Beer – Ginger Ale – Lemonade – Sprite – Brewed Tea –  
Brewed Coffee – Milk

### SIDES

**Steak Fries** (350 cal.)

**Sweet Potato Fries** (200 cal.)

**Cole Slaw** (140 cal.)

**Onion Rings** (390 cal.)

**Mixed Fruit** (40 cal.)

OR CHOOSE FROM OUR DAILY SPECIAL SIDES.

### DESSERT

#### Assorted Desserts

(Please see dessert station for daily dessert selection)

**Mixed Fruit** (40 cal.)

**Daily Ice Cream Selection** \$3.25

**Whole Fruit Selection of the Week**



New for October|



Healthier Choice



Vegetarian

(under 460 mg sodium, 4 g  
saturated fat, 10 g added sugar)

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