

Chesapeake & Shortline

Sunday Brunch 11/9

SOUPS & SALADS

Soup of the Day- \$2.75
Plain Grits-(130 cal.) \$3.00
Old Fashioned Oats- (110 cal.) \$3.00
Butternut Squash Salad ★🥗🍎 Seasoned roasted butternut squash, dried cherries and arugula (120 cal.) \$2.75
House Salad 🥗🍎 Mixed greens, carrots, tomatoes and cucumber. (30 cal.) \$2.75
Caesar Salad 🥗🍎 Chopped romaine, parmesan cheese and house made croutons, tossed in Caesar dressing. (290 cal.) \$2.75
Mixed Fruit- 🥗🍎 Mixed seasonal fresh fruits and berries. (40 cal.) \$3.25

Bread of the DAY

Special Bread: Pecan Sticky Bun ★ \$3.25
Biscuit (250 cal.) \$ 1.75

BUFFET \$25.00

French Toast Casserole ★ Rustic bread baked in a sweetened custard with cinnamon and a pecan streusel topping (180 cal.) \$8.00
Scrambled Eggs-(200 cal.) \$2.00
Bacon (110 cal.) \$1.75
Turkey Bacon Available upon request only.
Sausage Link- Roasted pork sausage links.(230 cal.) \$1.75
Turkey Sausage available upon request only.
Home Fries Diced potato, green and red pepper, onion, garlic, seasoning. (100 cal.) \$1.75
Scrapple- (cal.) \$2.75

Beef Stew Over Egg Noodles ★ Tender cuts of beef sirloin braised in a rich sauce with red wine, carrots, celery, onions, potatoes then served over egg noodles. (500 cal.) \$10.95
Turkey Pot Pie ★ Turkey breast braised in a savory cream sauce then topped with a flaky pie crust and baked (700 cal.) \$12.00
Garlic & Herb Tilapia ★🍎 Pan seared then topped with a roasted garlic lemon herb sauce (190 cal.) \$10.00 (370 cal.)

Green Beans Almandine ★ (90 cal.) \$1.75
Sauteed Kale ★ (50 cal.) \$1.75
Rice Pilaf ★ (130 cal.) \$1.75
Mashed Potatoes ★ (140 cal.) \$1.75 **Demi Glace** (20 cal.)

From the Griddle

Grill specials come with home fries choice of bacon or turkey bacon (50.cal), or turkey sausage(140 cal.) or pork sausage and toast White, Wheat, or English Muffin toast available GF Toast available upon request.

Smoked Salmon Bagel ★ Thinly sliced smoked salmon served on a toasted bagel with dill cream cheese, capers, tomatoes, cucumbers and red onion. (500 cal.) \$15.00
Breakfast Special- Two pancakes (240 cal.), Home fries (170 cal.), scrambled eggs (200 cal.), suggested choice of protein: sausage (230 cal.), bacon (110 cal.), \$12.00
Build Your Own Omelet (70 cal.) \$8.00
Toppings: Cheddar Cheese (110 cal.) Spinach (15 cal.) Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)
Plain Grilled Salmon (245 cal.) **add Bourbon Sauce** (60 cal.) \$9.00
Plain Grilled Chicken (190 cal.) **add Bourbon Sauce** (60 cal.) \$8.00

Desserts

Daily Desserts

Apple Blossom ★ (240 cal.)\$3.25

★ New for Month | 🍎 Healthier Choice (under 460 mg sodium, 4 g saturated fat, 10 g added sugar) 🥗 Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.