

# Chesapeake & Shortline

## Sunday Brunch 10/26

### SOUPS & SALADS

- Soup of the Day- \$2.75
- Plain Grits-(130 cal.) \$3.00
- Old Fashioned Oats- (110 cal.) \$3.00
- Pear & Arugula Salad ★ Sliced pears, toasted almonds and dried cranberries, served over arugula lettuce. (180 cal.) \$2.75
- House Salad -Mixed greens, carrots, tomatoes and cucumber. (10 cal.) \$2.75
- Caesar Salad - Chopped romaine, parmesan cheese and house made croutons, tossed in Caesar dressing. (290 cal.) \$2.75
- Mixed Fruit- Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

### Bread of the DAY

- Special Bread: Croissant ★\$3.25 (290 cal.)
- Biscuits (250 cal.) \$ 1.75

### BUFFET

- Corned Beef Hash ★ Sautéed chopped corned beef, onion, potato, herbs and spices. (110 cal.)
- Scrambled Eggs-(200 cal.) \$2.00
- Bacon (110 cal.) \$1.75
- Turkey Bacon Available upon request only. (50 cal.)
- Sausage Link- Roasted pork sausage links. (230 cal.) \$1.75
- Turkey Sausage available upon request only. (140 cal.)
- Home Fries- Diced potato, green and red pepper, onion, garlic, seasoning. (100 cal.) \$1.75
- Scrapple- (130 cal.) \$2.75

- Beef Cottage Pie ★ Ground beef and vegetables in a burgundy wine sauce topped with parmesan whipped potato and baked. (480 cal.)
- Butter Chicken ★Chicken thigh, yogurt, garam masala, cumin, cinnamon, ginger, garlic, onion, tomato, jalapeno pepper, chicken broth, heavy cream and cilantro. (410 cal.) \$8.00
- Basa Francaise ★🍏 Lightly battered and sautéed Basa filet in a white wine, lemon butter sauce. \$8.00 (310 cal.)

- Green Beans w/ Onions ★(45 cal.) \$1.75
- Stewed Tomatoes ★(30 cal.) \$1.75
- Sautéed Apples ★ (150 cal.) \$1.75
- Basmati Rice ★(140 cal.) \$1.75

### From the Griddle

Grill specials come with home fries, choice of bacon or turkey bacon (50 cal.), or turkey sausage (140 cal.) or pork sausage and toast  
White, Wheat, or English Muffin toast available  
GF Toast available upon request.

- Vegetable Breakfast Burrito★ Egg, peppers, potatoes, onions and cheese in a tortilla wrap. \$10.00 (520 cal.)
- Breakfast Special - Two pancakes (240 cal.), Home fries (100 cal.) Scrambled Eggs (200 cal.), Suggested choice of protein: Sausage (230 cal.), Bacon (110 cal.), \$12.00 (Turkey Sausage **or** Turkey Bacon available upon request)
- Build Your Own Omelet (70 cal.) \$8.00
- Toppings : Cheddar Cheese (110 cal.) Spinach (15 cal.) Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)
- Plain Grilled Salmon (240 cal.) add Bourbon Sauce (60 cal.) \$9.00
- Plain Grilled Chicken (220 cal.) add Bourbon Sauce (60 cal.) \$8.00

### Desserts

#### Daily Desserts

- Blondie ★(120 cal.) \$3.25

★ New for Week | 🍏 Healthier Choice (under 460 mg sodium, 4 g saturated fat, 10 g added sugar) 🌿 Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.