Atrium Brunch Sunday 11/9

SOUPS & SALADS

Soup of the Day- \$2.75 **Plain Grits**-(130 cal.) \$3.00

Old Fashioned Oats-(110 cal.) \$3.00

croutons, tossed in Caesar dressing. (290 cal.) \$2.75

Quinoa, Edamame and Bean Salad 🍎 🌌 - Black beans, quinoa, edamame, corn,

pepper, lime, olive oil and spices. (120 cal.) \$3.25

Mixed Fruit • 7 - Mixed seasonal fresh fruits and berries. (40 cal.) \$3.25

BREAKFAST BUFFET

White, Wheat, Multigrain Toast Available. GF Toast available upon request.

Scrambled Eggs- (200 cal.) \$2.00

Bacon (110 cal.) \$1.75

Sausage Link- Roasted pork sausage links. (230 cal.) \$1.75

Hashbrown Patty- (170 cal.) \$1.75

French Toast X - Egg, cream, cinnamon and sugar dipped toast, cooked on the griddle. (230 cal.) \$8.00

Sweet Potato Kibbeh / Pan baked mixture of sweet potato, cracked wheat, sundried tomato, mozzarella and fresh herbs. (220 cal.) \$10.00

Chicken Breast Woodland 🛨 - Floured then sautéed chicken breast finished with mushrooms and a brandy cream sauce. (320 cal.) \$10.00

Flounder with Mediterranean Relish \star - Grilled flounder topped with a garlic, tomato, olive and lemon relish. (440 cal.) \$12.00

Beef Goulash dots - Braised beef with onion, garlic, paprika, mushrooms and tomato served over egg noodles. (350 cal.) \$10.00

Country Sausage Gravy \star - (120 cal.) \$5.00

Baked Sweet Potato- (190 cal.) \$1.75

Mediterranean Rice and Beans- (150 cal.) \$1.75

Ranch Home Fries- (120 cal.) \$1.75

Sautéed Cabbage- (40 cal.) \$1.75

Sautéed Green Beans with Onions- (50 cal.) \$1.75

Sautéed Peas - (140 cal.) \$1.75

GRILLE SPECIAL of the DAY

<u>Grille specials come with Hashbrown Patty</u>, choice of bacon or sausage and toast Breakfast Quesadilla + - Flour tortilla, eggs, onion, red and green pepper, monterey jack and cheddar cheeses, served with pico de gallo and sour cream (320 cal.) \$8.00

Fried Eggs- > (180 cal.) \$8.00

PASTRY of the DAY

Assorted Danish (360 cal.) \$3.25 **Biscuits** (250 cal.) \$ 1.75

Healthier Choice

New for Month

(under 460 mg sodium, 4 g saturated fat, 10 g added sugar) Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.