

# Terrace Café Specials

## 9/8-9/13

### Soup of the Week

**Roasted Corn Soup-** 🌿 Corn, onions, herbs and cream. \$2.75 (150 cal.)

### Monday 9/8

**Chicken Noodle Soup-** Carrots, celery, onions, roasted chicken and egg noodles in chicken broth. \$2.75 (90 cal.)

**Spinach Lasagna-** 🌿 Pasta, onions, spinach, parmesan, mozzarella, ricotta and eggs. \$8.00 (610 cal.)

**Flounder Piccata -** Floured flounder, white wine, lemon, capers and butter. \$8.00 (200 cal.)

**Available after 4PM**

**Oven Roasted Chicken -** Savory herb marinated bone-in leg and thigh of chicken- slowly roasted until golden brown. \$8.00 (400 cal.)

**Steamed Green Beans** (35 cal.)

**Orange Glazed Beets** (90 cal.)

**Corn on the Cob** (150 cal.)

**Baked Potato** (220 cal.)

### Tuesday 9/9

**Red Bean, Sausage & Rice Soup-** Red beans, andouille sausage, ham & chicken broth. \$2.75 (180 cal.)

**Roasted Turkey Breast-** 🍏 \$8.00 (150 cal.) **Served w/ Cranberry Sauce-** (90 cal.)

**New England Style Haddock -** Pan seared haddock topped then finished with a crust of ritz crackers, breadcrumbs, fresh herbs and lemon. \$8.00 (250 cal.)

**Available after 4PM**

**Maryland Crab Cake -** Classic crab cake made with lump crab, mayonnaise, lemon and breadcrumbs. \$8.00 (280 cal.)

**Peas & Pearl Onions** (100 cal.)

**Sauerkraut** (30 cal.)

**Cornbread Stuffing** (120 cal.)

**Mashed Potatoes** (140 cal.)

### Wednesday 9/10

**Turkey Noodle Soup-** Carrots, celery, onions, roasted turkey and egg noodles in chicken broth. \$2.75 (80 cal.)

**Honey Garlic Chicken-** Lightly floured sautéed chicken breast with garlic and honey reduction. \$8.00 (470 cal.)

**Bratwurst, Beer & Onions-** German style pork sausage, braised in beer with peppers and onions. \$8.00 (310 cal.)

**Available after 4PM**

**Southwest Chicken Bowl -** Chicken, black beans, corn, lettuce, tomato, rice, tortillas, queso fresco, guacamole and chipotle ranch dressing. \$8.00 (640 cal.)

**Sautéed Green Beans w/ Tomatoes** (35 cal.)

**Sautéed Mushrooms** (60 cal.)

**Confetti Rice** (50 cal.)

**Roasted Yukon Gold Potatoes** (100 cal.)

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

### Thursday 9/11

**Beef Minestrone Soup-** Beef, carrot, celery, onion, tomato, cabbage, fresh herbs, kidney beans, parmesan cheese and Ditalini pasta in tomato and beef broth. \$2.75 (130 cal.)

**Butter Chicken-** Chicken thigh, yogurt, garam masala, cumin, cinnamon, ginger, garlic, onion, tomato, jalapeno pepper, chicken broth, heavy cream and cilantro. \$8.00 (410 cal.)

**Beef Goulash-** 🍏 Braised beef with onion, garlic, paprika, mushrooms and tomato served over egg noodles. \$8.00 (350 cal.)

**Available after 4PM**

**Spaghetti w/ Meatballs -** Spaghetti tossed with our marinara then topped with our signature beef, veal and pork meatballs. \$8.00 (530 cal.)

**Italian Vegetable Medley** (35 cal.)

**Blistered Cherry Tomatoes** (30 cal.)

**Basmati Rice** (140 cal.)

**Mashed Red Bliss Potatoes** (140 cal.)

### Friday 9/12

**Chilled Peach Mango Soup-** 🌿 Chilled peach, mango, sour cream and yogurt puree. \$2.75 (120 cal.)

**Beef & Cashew Stir Fry-** Beef, cashews, broccoli sesame seeds and green onions over jasmine rice. \$8.00 (470 cal.)

**Herb Crusted Cod-** 🍏 Herb bread crumb crusted cod baked with lemon. \$8.00 (230 cal.)

**Available after 4PM**

**BBQ Pulled Chicken -** 🍏 Braised chicken breast with a sweet and tangy BBQ sauce. \$8.00 (150 cal.)

**Sautéed Zucchini** (25 cal.)

**Roasted Root Vegetables** (190 cal.)

**Jasmine Rice** (130 cal.)

**Baked Beans** (130 cal.)

### Saturday 9/13

**Chicken & Sausage Gumbo-** Roasted chicken, andouille sausage, green peppers, okra, celery, garlic, onions and white rice in a chicken broth. \$2.75 (210 cal.)

**Sweet Chili Orange Chicken-** Tempura battered white meat chicken fried then tossed in our sweet and savory chili orange-sesame glaze. Served over white rice. \$8.00 (660 cal.)

**Baked Haddock-** Baked Haddock filet. \$8.00 (140 cal.) w/ Mustard Beurre Blanc (200 cal.)

**Available after 4PM**

**Mediterranean Bowl-** 🌿 Falafel, hummus, basmati rice, kalamata olives, tomato, cucumber, onion, topped with a lemon yogurt dressing and warm pita. \$8.00 (450 cal.)

**Roasted Cauliflower** (90 cal.)

**Stewed Tomatoes** (30 cal.)

**Roasted Garlic Mashed Potatoes** (150 cal.)

**Corn on the Cob** (150 cal.)

**Fruit Special of the Week:**  
**Whole Orange**



New for September



Healthier Choice  
(under 460 mg sodium, 4 g saturated fat, 10 g added sugar)



Vegetarian