

# Chesapeake & Shortline

## Sunday Brunch 9/21

### SOUPS & SALADS

- Soup of the Day- \$2.75
- Plain Grits-(130 cal.) \$3.00
- Old Fashioned Oats- (110 cal.) \$3.00
- Sweet Potato & Spicy Honey★ Sweet potato, spicy honey, pickled onion and candied pecans. (180 cal.) \$2.75
- House Salad -Mixed greens, carrots, tomatoes and cucumber. (10 cal.) \$2.75
- Caesar Salad -Chopped romaine, parmesan cheese and house made croutons, tossed in Caesar dressing. (290 cal.) \$2.75
- Mixed Fruit-Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

### Bread of the DAY

- Special Bread: Bagel ★(290 cal.) \$3.25
- Biscuits (250 cal.) \$1.75

### BUFFET \$25.00

- Cheese Blintz ★🌿 Sweet creamed cheese filled, roasted blintz. (300 cal.) \$10.00
- Scrambled Eggs-(200 cal.) \$2.00
- Bacon (110 cal.) \$1.75
  - Turkey Bacon Available upon request only. (50 cal.)
- Sausage Link- Roasted pork sausage links. (230 cal.) \$1.75
  - Turkey Sausage available upon request only. (140 cal.)
- Home Fries 🌿 Diced potato, green and red pepper, onion, garlic, seasoning. (100 cal.) \$1.75
- Scrapple- (130 cal.) \$2.75
- Linguine w/ Meat Sauce★🍎 Linguine pasta tossed tomato meat sauce then finished with parmesan cheese. (350 cal.) \$9.95
- Chicken Provencal★ Seared bone in chicken thigh, braised in garlic, olives, tomatoes, fresh herbs, wine and shallots. (450 cal.) \$8.00
- Cod Dijonnaise★ Baked Cod brushed with a creamy horseradish dijonnaise and topped with breadcrumbs and parmesan cheese. \$8.00 (320 cal.)
- Sautéed Zucchini★ (25 cal.) \$1.75
- Steamed Lima Beans★(120 cal.) \$1.75
- Corn O’Brien★ (120 cal.) \$1.75
- Peas & Onions★ (100 cal.) \$1.75

### From the Griddle

Grill specials come with choice of bacon or turkey bacon (50.cal.), or turkey sausage (140 cal.) or pork sausage and toast  
White, Wheat, or English Muffin toast available  
GF Toast available upon request.

- French Toast ★ Egg, cream, cinnamon and sugar dipped toast, cooked on the griddle. (220 cal.) \$12.00
- Breakfast Special - Two pancakes (240 cal.), Home fries (100 cal.) Scrambled eggs (200 cal.), Suggested choice of protein: Sausage (230 cal.), Bacon (110 cal.), \$12.00 (Turkey Sausage or Turkey Bacon available upon request)
- Build Your Own Omelet (70 cal.) \$8.00
- Toppings : Cheddar Cheese (110 cal.) Spinach (15 cal.) Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)
- Plain Grilled Salmon (240 cal.) add Bourbon Sauce (60 cal.) \$9.00
- Plain Grilled Chicken (220 cal.) add Bourbon Sauce (60 cal.) \$8.00

### Desserts

#### Daily Desserts

- Rice Pudding ★(240 cal.) \$3.25

Healthier Choice

★ New for Week | 🍏 (under 460 mg sodium 4g| 🌿 Vegetarian  
saturated fat, 10 g added sugar)

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.