

Atrium Brunch

Sunday 9/28

SOUPS & SALADS

- Soup of the Day-** \$2.75
- Plain Grits-**(130 cal.) \$3.00
- Old Fashioned Oats-**(110 cal.) \$3.00
- House Salad** - Mixed greens, carrots, tomatoes and cucumber. (10 cal.) \$2.75
- Caesar Salad** - Chopped romaine, parmesan cheese and house made croutons, tossed in Caesar dressing. (290 cal.) \$2.75
- Couscous & Fruit Salad** ★ - Couscous pasta, toasted almonds, apricots, raisins and dry cranberries tossed with fresh lemon and oil. (160 cal.) \$2.75
- Mixed Fruit** - Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

BREAKFAST BUFFET

White, Wheat, Multigrain Toast Available. GF Toast available upon request.

- Scrambled Eggs-** (200 cal.) \$2.00
- Bacon** (110 cal.) \$1.75
- Sausage Link-** Roasted pork sausage links. (230 cal.) \$1.75
- Potatoes O’Brien-** (100 cal.) \$1.75
- Chocolate Chip Pancakes** ★ -Buttermilk pancakes with chocolate chips. (580 cal.) \$1.75
- Vegetable Stew** 🌿★★🍏 - Potatoes, carrots, celery, mushrooms and peas in a robust vegetable broth. (150 cal.) \$10.00
- Sweet and Sour Chicken over Rice** ★ - Tempura battered white meat chicken fried then tossed with sautéed peppers and our sweet and sour pineapple-ginger sauce. Served over white rice. (250 cal.) \$10.00
- Basa Shakshuka** ★ - Tomato, Basa, spices and herbs. (170 cal.) \$12.00
- Sautéed Pierogies with Onions** ★ - Traditional potato dumplings filled with potato and cheese served with sauteed onions. (200 cal.) \$10.00
- Country Sausage Gravy** ★ - (120 cal.) \$5.00
- Brown Rice-** (180 cal.) \$1.75
- Macaroni and Cheese-** (230 cal.) \$1.75
- Mashed Red Bliss Potatoes-** (140 cal.) \$1.75
- Harvard Beets-** (110 cal.) \$1.75
- Sautéed Cauliflower-** (60 cal.) \$1.75
- Steamed Asparagus-** (25 cal.) \$1.75

GRILLE SPECIAL of the DAY

Grille specials come with Potatoes O’ Brien , choice of bacon or sausage and toast

Breakfast Quesadilla- Flour tortilla, eggs, onion, red and green pepper, Monterey Jack and cheddar cheeses, served with pico de gallo and sour cream. (320 cal.) \$10.00

- Build Your Own Omelet** (70 cal.) \$8.00
- Toppings:** Cheddar Cheese (110 cal.) Spinach (15 cal.) Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)
- Plain Grilled Salmon** (240 cal.) **add Bourbon Sauce** (60 cal.) \$9.00
- Plain Grilled Chicken** (220 cal.) **add Bourbon Sauce** (60 cal.) \$8.00

PASTRY of the DAY

- Assorted Scones** (440 cal.) \$3.25
- Biscuits** (250 cal.) \$ 1.75

Healthier Choice

★ New for Month



(under 460 mg sodium, 4 g

saturated fat, 10 g added sugar)



Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.