

Atrium Brunch Sunday

9/21

SOUPS & SALADS

Soup of the Day- \$2.75

Plain Grits-(130 cal.) \$3.00

Old Fashioned Oats-(110 cal.) \$3.00

House Salad - Mixed greens, carrots, tomatoes and cucumber. (10 cal.) \$2.75

Caesar Salad - Chopped romaine, parmesan cheese and house made croutons, tossed in Caesar dressing. (290 cal.) \$2.75

Carrot and Raisin Salad ★ - Shredded carrots and raisins tossed in a sweet and tangy dressing. (210 cal.) \$3.25

Mixed Fruit - Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

BREAKFAST BUFFET

White, Wheat, Multigrain Toast Available. GF Toast available upon request.

Scrambled Eggs- (200 cal.) \$2.00

Bacon (110 cal.) \$1.75

Sausage Link- Roasted pork sausage links. (230 cal.) \$1.75

Ranch Roasted Potatoes- (110 cal.) \$1.75

Blueberry Stuffed Pancakes ★ - (190 cal.) \$1.75

Blintz ★ - Sweet creamed cheese filled, roasted blintz. (300 cal.)

Moroccan Vegetable Stew 🌿 ★ - Moroccan spiced carrots, yams, potatoes, kale, apricots, garbanzo beans and lentils in a vegetable broth. (160 cal.) \$10.00

Greek Chicken ★ 🍏 - Herb marinated chicken thigh, tzatziki sauce and garnished with cucumber, onion and tomato relish. (250 cal.) \$10.00

Mussels with Garlic and Tomatoes ★ - Sautéed mussels, garlic, and tomatoes in a white wine, lemon butter sauce. (470 cal.) \$12.00

Penne with Sausage, Asparagus and Pesto ★ - Sautéed sweet Italian sausage with asparagus, roasted peppers and parmesan finished with traditional pesto. (600 cal.) \$10.00

Creamed Chipped Beef ★ - (150 cal.) \$5.00

Cilantro Lime Rice- (140 cal.) \$1.75

Risotto with Chives- (250 cal.) \$1.75

Roasted Yams with Cinnamon- (170 cal.) \$1.75

Cajun Roasted Cauliflower- (90 cal.) \$1.75

Sautéed Green Beans with Onions- (45 cal.) \$1.75

Sautéed Spinach and Mushrooms- (40 cal.) \$1.75

GRILLE SPECIAL of the DAY

Grille specials come with Ranch Roasted Potatoes, choice of bacon or sausage and toast

Build Your Own Omelet (70 cal.) \$8.00

Toppings: Cheddar Cheese (110 cal.) Spinach (15 cal.)

Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)

Plain Grilled Salmon (240 cal.) **add Bourbon Sauce** (60 cal.) \$9.00

Plain Grilled Chicken (220 cal.) **add Bourbon Sauce** (60 cal.) \$8.00

PASTRY of the DAY

Assorted Scone (440 cal.) \$3.25

Biscuits (250 cal.) \$ 1.75

★ New for Week | 🍏 Healthier Choice (under 460 mg sodium, 4 g saturated fat, 10 g added sugar) 🌿 Vegetarian
Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.