Chesapeake & Shortline

Sunday Brunch 9/7

SOUPS & SALADS

Soup of the Day- \$2.75 Plain Grits-(130 cal.) \$3.00

Old Fashioned Oats- (110 cal.) \$3.00

Carrot & Raisin Salad- 🜟 Shredded carrots and raisins tossed in a sweet and tangy dressing. (210 cal.) \$2.75

House Salad - Mixed greens, carrots, tomatoes and cucumber. (10 cal.) \$2.75

Caesar Salad - Chopped romaine, parmesan cheese and house made croutons, tossed in

Caesar dressing. (290 cal.) \$2.75

Mixed Fruit- Mixed seasonal fresh fruits and berries. (40 cal.) \$2.75

Bread of the DAY

Special Bread: Marble Loaf \star \$3.25 **Biscuits** (250 cal.) \$ 1.75

BUFFET

Biscuit with Country Sausage Gravy \(\gamma \) Mild Italian sausage, rosemary, sage, whole milk, cracked pepper. (120 cal.) Served over biscuit. (250 cal.) \$8.00

Scrambled Eggs-(200 cal.) \$2.00

Bacon (110 cal.) \$1.75

Turkey Bacon Available upon request only. (50 cal.)

Sausage Link- Roasted pork sausage links. (230 cal.) \$1.75

Turkey Sausage available upon request only. (140 cal.)

Home Fries Diced potato, green and red pepper, onion, garlic, seasoning.

(100 cal.) \$1.75

Scrapple- (130 cal.) \$2.75

Aunt Millie's Meatloaf With diced peppers, onion, ketchup, mustard, herbs and spices with gravy. (460 cal.) \$8.00

Chicken Piccata + Floured then sautéed chicken breast finished with our marsala wine demi-glace and sautéed mushrooms. (300 cal.) \$8.00

Creole Shrimp 👉 Shrimp sautéed with peppers and onions, finished with white wine and a spicy creole sauce then served over basmati rice. \$8.00 (350 cal.) \$8.00

Collard Greens / (30 cal.) \$1.75

Roasted Zucchini (30 cal.) \$1.75 Mashed Potatoes (130 cal.) \$1.75 Demi Glace (20 cal.)

Basmati Rice ★(140 cal.) \$1.75

From the Griddle

Grill specials come with home fries, choice of bacon or turkey bacon (50 cal.), or turkey sausage (140 cal.) or pork sausage and toast White, Wheat, or English Muffin toast available GF Toast available upon request.

Fried Chicken with Biscuit × Buttermilk marinated chicken breast tossed in seasoned breadcrumbs then fried and served with our dijonnaise sauce. (730 cal.) Biscuit (250 cal.) \$10.00 American cheese (50 cal.)

Breakfast Special - Two pancakes (240 cal.), Hash brown (170 cal.),

Scrambled eggs (200 cal.), Suggested choice of protein: Sausage (230 cal.) or,

Bacon (110 cal.)\$10.00 (Turkey Sausage or Turkey Bacon available upon request)

Build Your Own Omelet (70 cal.) \$8.00

Toppings: Cheddar Cheese (110 cal.) Spinach (15 cal.)

Mushrooms (5 cal.) Ham (45 cal.) Onion (5 cal.) Green Peppers (5 cal.)

Plain Grilled Salmon (240 cal.) add Bourbon Sauce (60 cal.) \$9.00

Plain Grilled Chicken (220 cal.) add Bourbon Sauce (60 cal.) \$8.00

Desserts

Daily Desserts

Assorted Muffins \uparrow (150 cal.) \$3.25

Healthier Choice (under 460 mg sodium, 4 g saturated fat, 10 g added \$ugar) Vegetarian



New for Week

