## Weekly Schedule Caton Woods September 2025



Activities are Subject to change.

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30	Protestant Service Channel 971						
10:00	Morning Praise 3 <sup>rd</sup> Floor Movie Theater	Exercise 1st Floor -Bistro	Exercise 2 <sup>nd</sup> Floor Bistro	Exercise 3 <sup>rd</sup> Floor Bistro	Exercise 4th Floor Bistro	Exercise  1st Floor Bistro	Coffee Donuts &Trivia  1st Floor Bistro
			Yummy Town Cooking Group  1st Floor Bistro		Knitting/ Crocheting Group  3rd Floor Bistro	Modern Jeopardy <sup>3rd</sup> Floor Bistro	
10:30		Card Give Away  2nd Floor Bistro	Rosary Group  4th Floor Music Room	Library Cart Large Print Books 3rd Floor Bistro	Wii Bowling Floor Bistro		
	Catholic Mass 11:15am Channel 971						
2:00	Bingo 1st Floor Dining Room	Scrabble / Rummikub Group 4 <sup>th</sup> Floor Bistro	Adult Coloring  3rd Floor Bistro	Shuffleboard  2nd Floor Bistro	Programming Room Visits	Needle Point 2 <sup>nd</sup> Floor Bistro	Bingo 1 <sup>st</sup> Floor Dining Room
2:00	Table Games  2 <sup>nd</sup> Floor Bistro		Ceramics Group  2nd Floor Arts/Craft Rm		Catholic Mass  1st Floor Bistro	Name 5 1st Floor Bistro	
		Exercise with Fitness Trainers 4th Floor Music Room	History Group  3rdFloor Bistro	CW Little Store Terrace Level		Crosswords 2nd Floor Bistro	
3:30	Bible Trivia 2 <sup>nd</sup> Floor Bistro	Happy Hour  1st Floor Bistro	Happy Hour  2nd Floor Bistro	Happy Hour  3 <sup>rd</sup> Floor Bistro	Happy Hour  4th Floor Bistro	Happy Hour  1st Floor Bistro	Bean Bag Toss 2nd Floor Bistro
6:00		Celebrity of the week 3 <sup>rd</sup> Floor Movie Theatre		Sing Along 1st Floor Bistro	Travel Log Program  3rd Floor Bistro		
PS Salon 9am-3pm				PS Salon Open Terrace level	PS Salon Open Terrace Level	PS Salon Open Terrace level	