

# Terrace Café

## January 13- February 8

### SOUPS & SALADS



**Soup of the Week-** \$2.75

**Soup of the Day** A homemade specialty soup prepared in-house. \$2.75

**Mixed Fruit-** Mixed seasonal fresh fruits and berries. (40 cal.) \$2.95

**House Salad -**  Mixed greens, carrots, tomatoes and cucumber. (30 cal) \$3.25

**Carrot and Raisin Salad -**   Shredded carrots and raisins tossed in a sweet and tangy dressing. (210 cal.) \$2.50

**Greek Farro Salad -**   Farro, Kalamata olives, cucumber, tomato, artichoke, roasted red pepper, feta cheese and red onion tossed with Greek dressing. (260 cal.) \$3.25



**Spinach Strawberry & Feta Salad -**  Baby spinach with strawberries, toasted almonds, dried cranberries and feta cheese. (120 cal.) \$3.00


### ENTRÉE SALADS

Served w/ Shrimp (190 cal.), Chicken (190 cal.) or Plain Baked Tofu. (90 cal.)

**Caesar Salad -** Chopped romaine, parmesan cheese, house-made croutons, tossed in Caesar dressing. (500 cal.) \$9.00

**Chicken Cobb Salad -** Diced grilled chicken, avocado, bacon, egg, tomato, blue cheese, cheddar cheese over crispy romaine lettuce. Served with a dressing of your choice on the side. \$10.00 (410 cal.)

**Greek Salad -**   Chopped romaine, Kalamata olives, cucumber, tomato, artichoke, roasted red pepper, feta cheese and red onion tossed with Greek dressing. (410 cal.) \$ 10.00


**Arugula Salad with Farro and Chicken -**  Grilled chicken, over a salad of farro grain, arugula, feta, apples, pecans and cranberries with a shallot vinaigrette. (480 cal.) \$10.00

### DELI

Served with a dill pickle and one side.

**\*Gluten Friendly Bread Options Available\***

**Cranberry, Walnut Chicken Salad -**   Diced poached breast of chicken, mayonnaise, dijon, walnuts, dried cranberries, and lemon juice. (350 cal.) \$6.00


**Seafood Salad -**  Shrimp, surimi, celery, mayonnaise, Dijon mustard, lemon, dill, old bay and seasonings. (310 cal.) \$8.00

**Tuna Salad -** Tuna, lemon, and mayonnaise. (330 cal.) \$6.00

**Egg Salad -** Diced eggs, mayonnaise and mustard lightly seasoned. (270 cal.) \$6.00

**Italian Cold Cut Sub -** Thinly sliced salami, ham and mortadella layered with provolone cheese, lettuce, tomato, onion and lemon vinaigrette on a hard roll. (790 cal.) \$9.00

**Turkey Club -** Thinly sliced turkey with American cheese, crispy bacon, lettuce and tomato on 3 layers of toasted bread. (450 cal.) \$8.00


**Pastrami Sandwich on Rye-**  Pastrami, Swiss cheese and Dijonnaise on rye bread. (640 cal.) \$9.00

### GRILL

Served with a Dill Pickle and one side.


**\*Gluten Friendly Bread Options Available\***

**Signature Burger -** Smash style griddle seared beef burger with shredded lettuce, tomato and onion, on a toasted brioche bun. (640 cal.) \$6.95

**BBQ Bacon, Cheddar Burger -**  Beef burger topped with bacon, cheddar, lettuce and tomato on a brioche bun. (790 cal.) \$10.00

**Garden Veggie Burger -** Morning Star Farms Garden Vegetable patty, topped with lettuce, tomato and onion on a brioche bun (490 cal.) \$8.00

**Philly Cheesesteak -** Seared Philadelphia style steak and onions on a roll with melted provolone cheese. (820 cal.) \$8.00

**Philly Chicken Cheesesteak -**  "Philly style" chicken sautéed with onions and American cheese on a toasted sub roll. (710 cal.) \$8.00

**Grilled Cheese -** Buttered and toasted bread with melted American cheese. (320 cal.) \$4.00

**Hot Dog -** All beef, quarter pound hot dog on a bun. (440 cal.) \$5.00

**Turkey Rachel-** Thinly sliced roasted turkey breast, coleslaw, Swiss cheese and 1000 island dressing on toasted rye bread. (760 cal.) \$9.00

**Hot Pastrami Melt-**  Hot Pastrami, Swiss cheese and Dijonnaise on rye bread. (640 cal.) \$9.00

**Meatball Sub -** Pork and Beef Meatballs, tomato sauce and mozzarella on a toasted sub roll. (710 cal.) \$8.00

**Buffalo Chicken Sandwich -**  Fried chicken breast tossed with buffalo sauce on a brioche bun with lettuce, tomato and drizzled with blue cheese dressing. (530 cal.) \$10.00

### SALAD DRESSING

1000 Island (140 cal.)

Balsamic Vinaigrette (60 cal.)

Blue Cheese (160 cal.)

Italian (50 cal.)

Ranch (120 cal.)

Honey Dijon (130 cal.)

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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## **PIZZA** (500-790 cal.)

Cheese - Pepperoni - Sausage - Ham,  
Roasted Red Peppers - Red Onions - Portabella Mushrooms- \$8.00

**Gluten Friendly crust available upon request.**

## **ENTRÉES**

**Buffalo Chicken Wings** -Crispy fried chicken wings tossed in a traditional spicy Buffalo sauce. Served with blue cheese dressing. (930 cal.) \$9.00

**Chicken Tenders-** Buffalo, BBQ, Old Bay or plain with coleslaw, and one side. (340 cal.) \$9.00

**Plain Grilled Chicken-** (190 cal.) \$6.00 🍏

**Plain Salmon-** (240 cal.) \$11.00 🍏

**Chicken with Bacon Fig and Goat Cheese -** ★🍏 Grilled chicken breast topped with a port wine, balsamic, bacon and fig reduction with goat cheese. \$10.00 (370 cal.)

**Tilapia with Shrimp Sauce -** ★ Pan seared tilapia and shrimp with a white wine, sherry cream sauce. (630 cal.) \$11.00

**Braised Lamb Shank -** ★ Lamb Shank braised with fresh herbs in red wine, chicken broth and tomato. (550 cal.) \$11.00

**Spaghetti and Meatballs -** Spaghetti tossed with our marinara then topped with our signature beef, veal and pork meatballs. (520 cal.) \$10.00

## **BEVERAGES**

Coke - Diet Coke - Root Beer - Ginger Ale - Lemonade - Sprite - Brewed Tea -  
Brewed Coffee - Milk

## **SIDES**

**Steak Fries** (360 cal.)

**Sweet Potato Fries** (200 cal.)

**Cole Slaw** (140 cal.)

**Onion Rings** (390 cal.)

**Mixed Fruit** (40 cal.)

OR CHOOSE FROM OUR DAILY SPECIAL SIDES.

## **DESSERT**

**Peanut Butter Pie** (370 cal.)

**Red Velvet Cake** (270 cal.)

**NSA Blueberry Pie** (320 cal.)

**Chocolate Chip Cookie** (380 cal.)

**Mixed Fruit** (40 cal.)

**Daily Ice Cream Selection** \$3.25

★ New for January | 🍏 Healthier Choice | 🌿 Vegetarian  
(under 460 mg sodium, 4 g saturated fat, 10 g added sugar)

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