Terrace Café July 8-August 10

SOUPS & SALADS

Soup of the Week A homemade specialty soup prepared in house. \$2.75 Soup of the Day A homemade specialty soup prepared in-house. \$2.75 House Salad-Mixed greens, carrots, tomatoes and cucumbers. (30 cal.) \$2.50

Greek Farro Salad Farro, Kalamata olives, cucumber, tomato, artichoke, roasted red pepper, feta cheese and red onion tossed with Greek dressing. (60 cal.) \$3.25 **Fruit Salad** Mixed seasonal fresh

Fruit Saladfruits and berries. (40 cal.) \$2.95 Broccoli Crunch Salad- Broccoli,

cauliflower, bacon, red onion, raisins and sunflower seeds tossed in an apple mayonnaise. (185 cal.) \$3.25

Ambrosia Salad- Mixed fruit with, pecans, marshmallows and whipped cream. \$3.00 (140 cal.)

ENTRÉE SALADS

Served w/ Shrimp (190 cal.), Chicken (220 cal.) or Grilled Portobello mushroom. (80 cal.)

Trio Salad- Chicken, egg & tuna salad on romaine lettuce with cherry tomatoes & cucumbers. (510 cal.) \$ 10.00

Caesar Salad- Chopped romaine, parmesan cheese, house-made croutons, tossed in Caesar dressing. (500 cal) \$9.00

Chef Salad - Green leaf, iceberg and romaine lettuce - Turkey, ham, cheddar cheese, Swiss cheese, tomato, cucumber and hard boiled egg. (420 cal.) \$10.00

Chicken Cobb Salad- Diced grilled chicken, avocado, bacon, egg, tomato, blue cheese, cheddar cheese over crispy romaine lettuce. Served with a dressing of your choice on the side. \$10.00 (410 cal.) **DELI**

Served with a dill pickle and one side. *Gluten Friendly Bread Options Available* Chicken Salad-Roasted and diced chicken tossed with mayonnaise, mustard and celery. (260 cal.) \$6.00

Shrimp Salad- Chilled steamed shrimp, lemon and seasoning tossed with mayonnaise and celery. (230 cal.) \$8.00 Tuna Salad- Tuna, lemon, and

mayonnaise. (250 cal.) \$6.00 **Egg Salad**-Diced eggs, mayonnaise and mustard lightly seasoned. (200 cal.) \$6.00 **Smoked Salmon BLT** Smoked salmon, bacon lettuce and tomato on toast with remoulade sauce. (580 cal.) \$12.00 **Italian Cold Cut Sub-** Thinly sliced salami, ham and mortadella layered with provolone cheese, lettuce, tomato, onion and lemon vinaigrette on a hard roll. (760 cal.) \$9.00 **Turkey Club-** Thinly sliced turkey with American cheese, crispy bacon, lettuce and tomato on 3 layers of toasted bread. (450 cal.) \$8.00

GRILL

Served with a Dill Pickle and one side. *Gluten Friendly Bread Options Available*

Signature Burger – Smash style griddle seared beef burger with shredded lettuce, tomato and onion, on a toasted brioche bun. (550 cal.) \$6.95

Turkey Rachel- Thinly sliced roasted turkey breast, coleslaw, Swiss cheese and 1000 island dressing on toasted rye bread. (760 cal.) \$9.00

Philly Cheesesteak – Seared Philadelphia style steak and onions on a roll with melted provolone cheese. (820 cal.) \$8.00

Rueben- Corned beef with Swiss, Sauerkraut, Thousand Island on rye bread. (710 cal.).\$9.00

Grilled Cheese - Buttered and toasted bread with melted American cheese. (440 cal.) \$4.00

Hot Dog- All beef, quarter pound hot dog on a bun. (380 cal.) \$5.00

Chicken Philly Cheesesteak- "Philly style" chicken sautéed with onions and American cheese on a toasted sub roll. \$8.00 (730 cal.)

Tuna Melt- Tuna salad and melted cheddar cheese on toasted sourdough bread. (740 cal.) \$7.00

Chicken Bacon Ranch Sandwich-

Grilled chicken breast with bacon, ranch dressing and pepper jack cheese on sourdough panini bread. (710 cal.) \$8.00

BBQ Bacon Cheddar Burger – Beef burger topped with bacon, cheddar, barbecue sauce, lettuce and tomato on a brioche bun. (790 cal.) \$7.00

Sloppy Joe Sandwich- Sautéed beef, peppers and onions in a tangy tomato sauce, served on a toasted brioche bun. \$8.00 (450 cal.)

Fried Egg Sandwich- 2 Fried eggs on toasted white bread with your selection of accoutrements. \$7.00 (310 cal.) Shrimp Po Boy Grilled shrimp topped with coleslaw, remoulade and tomatoes on a sub roll. (600 cal.) \$10.00 SALAD DRESSING

1000 Island (140) - Balsamic Vinaigrette (60) Blue Cheese (160) – Italian (50)-Ranch (120) – Honey Dijon (130)

> Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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PIZZA (500-790 cal.) Cheese – Pepperoni - Sausage - Ham, Roasted Red Peppers – Red Onions - Portabella Mushrooms- \$8.00 Gluten Friendly crust available upon request.

ENTRÉES

Buffalo Chicken Wings -Crispy fried chicken wings tossed in a traditional spicy Buffalo sauce. Served with blue cheese dressing. (1040 cal.) \$9.00
Chicken Tenders- Buffalo, BBQ, Old Bay or plain with coleslaw, and one side. (340 cal.) \$9.00
Plain Grilled Chicken- (220 cal.) \$6.00
Plain Salmon- (250 cal.) \$11.00

BEVERAGES

Coke - Diet Coke - Root Beer - Ginger Ale - Lemonade - Sprite - Brewed Tea -Brewed Coffee - Milk

SIDES

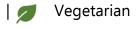
Steak Fries (360 cal.) Sweet Potato Fries (200 cal.) Cole Slaw (140 cal.) Onion Rings (390 cal.) Chips (450 cal.) Fruit Salad (40 cal.) OR CHOOSE FROM OUR DAILY SPECIAL SIDES.

DESSERT

German Chocolate Cake (280 cal.) Sugar Cookies (400 cal.) NSA Cherry Pie (340 cal.) Lemon Meringue Pie (280 cal.) Fruit Salad (40 cal.) Daily Ice Cream Selection \$3.25

★ New for July

Healthier Choice (under 460 mg sodium, 4 g saturated fat, 10 g added sugar)



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