

# SHORTLINE

## Carb Counter

Carb counted menu items with one serving or less each. To be included in a balanced meal. Recommendations for carbohydrate intakes vary by individual.

### ENTREES

GRILLED CHICKEN BREAST OR SHRIMP (0g carb)

TUNA, CHICKEN, EGG OR SHRIMP SALAD (<1g carb)

TRIO SALAD (8g carb)

COBB SALAD WITH CHICKEN (8g carb)

GREEK SALAD + PROTEIN CHOICE (13g carb)

PORTOBELLO MUSHROOM (5g carb)

TOFU (3g carb)

### SIDES

FRUIT SALAD (7g carb)

HOUSE SALAD (5g carb)

GREEN BEANS (8g carb)

COLESLAW (9g carb)

SEE DAILY SPECIALS \*