

# TERRACE

## Carb Counter

Carb counted menu items with one serving or less each. To be included in a balanced meal. Recommendations for carbohydrate intakes vary by individual.

### ENTREES

GRILLED CHICKEN BREAST *(0 g carb)*

GRILLED SHRIMP *(0 g carb)*

GRILLED SALMON *(0 g carb)*

TUNA, SHRIMP, CHICKEN, OR EGG SALAD *(<1g carb)*

CHEF SALAD *(8 g carb)*

TRIO SALAD *(8g carb)*

### SIDES

HOUSE SALAD *(5 g carb)*

FRUIT SALAD *(7 g carb)*

SEE DAILY SPECIALS\*