

CONTINUING CARE AT CHARLESTOWN

	5/5/24 Sunday	5/6/24 Monday	5/7/24 Tuesday	5/8/24 Wednesday	5/9/202 Thursday	5/10/24 Friday	5/11/24 Saturday
BREAKFAST	Milk/OJ Oatmeal/ Cold Cereal Scrambled Eggs Bacon Coffee Cake Fresh Banana	Milk/OJ Oatmeal/ Cold Cereal/Grits Scrambled Eggs Turkey Sausage Links Danish Fresh Banana	Milk/ OJ Oatmeal/Cream of Wheat/ Cold Cereal Scrambled Eggs Bacon Muffins Fresh Banana	Milk/ OJ Oatmeal/ Cold Cereal Scrambled Eggs Sausage Links French Toast Fresh Banana	Milk/ OJ Grits/Oatmeal/ Cold Cereal Scrambled Eggs Sausage Patty Biscuit Fresh Banana	Milk/ OJ Oatmeal/ Cold Cereal Scrambled Eggs Bacon Scone Fresh Banana	Milk/ OJ Oatmeal/ Cold Cereal/Grits Scrambled Eggs Canadian Bacon Donuts Fresh Banana
LUNCH	Chicken Barley Garden Salad Bacon And Asparagus Quiche Pasta Chicken Carbonara Mashed Potatoes/ Gravy Broccoli Toasted Garlic Bread Chilled Fruit /Gelatin Pound Cake w/ Strawberry Milk	Tomato Soup Garden Salad Hot Dog w/ Sauerkraut Grilled Cheese Watermelon/Cantaloupe Cocktail Fruit Chilled Fruit/ Gelatin Ice Cream Milk	Chicken Noodle Garden Salad Taco Salad Fried Chicken Sandwich Carrots Carrot Raisin Salad Chilled Fruit/ Gelatin Ice Cream Milk	Strawberry Soup Garden Salad Sloppy Joe Turkey Club Sandwich French Fries Chilled Fruit/ Gelatin Ice Cream Milk	Beer Cheese Soup Garden Salad Rueben Sandwich Shrimp Salad Sandwich Carrots Chilled Fruit/ Gelatin Ice Cream Milk	Manhattan Clam Chowder Garden Salad Trio Salad Cheese Pizza Brussel Sprouts Chilled Fruit/ Gelatin Ice Cream Milk	Meatball Soup Garden Salad Cottage Cheese & Fruit Plate Chicken Wings Pasta Salad (No Veg) Vegetable Pasta Salad Roll Chilled Fruit/ Gelatin Ice Cream Milk
DINNER	Corn Chowder Garden Salad Honey Garlic Chicken Beef Goulash Egg Noodles Brussel Sprouts Oat Wheat Dinner Roll Ice Cream Novelties No Sugar Added Dessert	Beef Vegetable Garden Salad Pork Cutlet w/ Mushrooms Tex-Mex Catfish Green Beans Mashed Potatoes Split Top Dinner Roll Angel Food Cake with Fresh Blueberries No Sugar Added Dessert	French Onion Soup Garden Salad Baked Flounder Meuniere Hot Roast Beef Creamed Spinach Mashed Potatoes Oat Wheat Dinner Roll Blueberry Pie No Sugar Added Dessert	Beef Barley Garden Salad Lasagna w/ Garlic Bread Baked Scrod Italian Vegetable Medley Mashed Potatoes Split Top Dinner Roll Assorted Dessert No Sugar Added Dessert	Senate Bean Soup Garden Salad Sour Beef & Dumplings Pork Loin W/Blackberry Sauce Broccoli/Cauliflower Herbed Rice Oat Wheat Dinner Roll Chocolate Meringue Pie No Sugar Added Ice Cream	Vegetable Minestrone Garden Salad Tortellini Alfredo Lemon Baked Cod Fresh Roasted Vegetables Roasted Potatoes Garlic Bread Apple Walnut Cake No Sugar Added Dessert	Chicken Barley Garden Salad Beef Cottage Pie Mojo Pork Green Beans Asparagus Chive Mashed Potatoes Split Top Rolls Ice Cream Sandwich No Sugar Added Ice Cream