

# CONTINUING CARE AT CHARLESTOWN

	4/14/24 Sunday	4/15/24 Monday	4/16/24 Tuesday	4/17/23 Wednesday	4/18/24 Thursday	4/19/24 Friday	4/20/24 Saturday
BREAKFAST	Milk/OJ Oatmeal/ Cold Cereal Scrambled Eggs Bacon Coffee Cake <b>Fresh Banana</b>	Milk/OJ Oatmeal/ Cold Cereal/Grits Scrambled Eggs Turkey Sausage Links Danish <b>Fresh Banana</b>	Milk/ OJ Oatmeal/Cream of Wheat/ Cold Cereal Scrambled Eggs Bacon Pancakes w/ Topping <b>Fresh Banana</b>	Milk/ OJ Oatmeal/ Cold Cereal Scrambled Eggs Sausage Links French Toast <b>Fresh Banana</b>	Milk/ OJ Grits/Oatmeal/ Cold Cereal Scrambled Eggs Sausage Patty Biscuit <b>Fresh Banana</b>	Milk/ OJ Oatmeal/ Cold Cereal Scrambled Eggs Bacon Scone <b>Fresh Banana</b>	Milk/ OJ Oatmeal/ Cold Cereal/Grits Scrambled Eggs Canadian Bacon Donuts <b>Fresh Banana</b>
LUNCH	<b>Chicken Barley</b> Garden Salad  <b>Bacon and Asparagus Quiche</b> <b>Pasta Chicken Carbonara</b>  <b>Mashed Potatoes/ Gravy</b> Broccoli Toasted Garlic Bread Chilled Fruit /Gelatin Pound Cake w/ Strawberry Milk	<b>Tomato Soup</b> Garden Salad  <b>Hot Dog w/ Baked Beans</b> <b>Grilled Cheese</b>  <b>Watermelon/Cantaloupe</b> Peaches Chilled Fruit/ Gelatin Ice Cream Milk	<b>Chicken Noodle</b> Garden Salad  <b>Taco Salad</b> <b>Fried Chicken Sandwich</b>  Carrot Raisin Salad Carrots Chilled Fruit/ Gelatin Ice Cream Milk	<b>Strawberry Soup</b> Garden Salad  <b>Rueben Sandwich</b> <b>Turkey Club Sandwich</b>  <b>French Fries</b> <b>Green Beans</b> Chilled Fruit/ Gelatin Ice Cream Milk	<b>Beer Cheese Soup</b> Garden Salad  <b>Sloppy Joe</b> <b>Shrimp Salad Sandwich</b>  Carrots Chilled Fruit/ Gelatin Ice Cream Milk	<b>Manhattan Clam Chowder</b> Garden Salad  <b>Trio Salad</b> <b>(Chicken, Potato, Coleslaw)</b> <b>Cheese Pizza</b> <b>Brussel Sprouts</b> Chilled Fruit/ Gelatin Ice Cream Milk	<b>Meatball Soup</b> Garden Salad  <b>Cottage Cheese &amp; Fruit Plate</b> <b>Chicken Wings/Roll</b>  <b>Vegetable Pasta Salad</b> Chilled Fruit/ Gelatin Ice Cream Milk
DINNER	<b>Beef Vegetable Soup</b> Garden Salad  <b>Honey Garlic Chicken</b> <b>Beef Goulash</b> Egg Noodles Brussel Sprouts Dinner Roll Ice Cream Novelties No Sugar Added Dessert	<b>Corn Chowder</b> Garden Salad  <b>Pork Cutlet w/ Mushrooms</b> <b>Tex-Mex Catfish</b> Green Beans Mashed Potatoes Dinner Roll Angel Food Cake with Fresh Blueberries No Sugar Added Dessert	<b>French Onion Soup</b> Garden Salad  <b>Baked Flounder Meuniere</b> <b>Hot Roast Beef</b> Creamed Spinach Baked Potato Dinner Roll Blueberry Pie No Sugar Added Dessert	<b>Beef Barley</b> Garden Salad  <b>Lasagna w/ Garlic Bread</b> <b>Baked Scrod</b> Italian Vegetable Medley Mashed Potatoes Dinner Roll <b>Assorted Dessert</b> No Sugar Added Dessert	<b>Senate Bean Soup</b> Garden Salad  <b>Sour Beef &amp; Dumplings</b> <b>Pork Loin w/ Blackberry Sauce</b> Broccoli/Cauliflower White Rice Dinner Roll Chocolate Meringue Pie No Sugar Added Ice Cream	<b>Vegetable Minestrone</b> Garden Salad  <b>Tortellini Alfredo</b> <b>Lemon Baked Cod</b> Fresh Roasted Vegetables Roasted Potatoes Garlic Bread Apple Walnut Cake No Sugar Added Dessert	<b>Chicken Barley</b> Garden Salad  <b>Beef Cottage Pie</b> <b>Mojo Pork</b> <b>Asparagus</b> Green Beans Chive Mashed Potatoes Dinner Roll Ice Cream Sandwich No Sugar Added Ice Cream