

Brunch 4/14- 5/12

SOUPS & SALADS

Soup of the Day- \$2.75

Plain Grits-★(130 cal.) \$3.00

Old Fashioned Oats- (110 cal.) \$3.00

House Salad - 🌿 Mixed greens, carrots, tomatoes and cucumber. (30 cal.) \$2.75

Fruit of the Week- \$2.75

Parfait- 🌿 🍏 Layers of yogurt, granola, strawberry and blueberries topped with honey. (265 cal.) \$2.75

SALAD DRESSING

Ranch (120 cal.) - **Italian** (45 cal.)

Honey Mustard (130 cal.)-

Blue Cheese (150 cal.) -**Raspberry**

Vinaigrette (60 cal.) -**Caesar** (180 cal.)-

Balsamic Vinaigrette (60 cal.)

BRUNCH ENTREES

(Served w/ your choice of 2 sides.)

Southwestern Entrée Salad - ★ Corn, tomatoes, onions, black beans, cabbage and romaine lettuce in an avocado-lime dressing, garnished with fried tortillas. (220 cal.) \$2.75

Grilled Ham and Cheese- Traditional sandwich served with buttered and grilled white bread, ham and American cheese. (410 cal.) \$8.00

Creamed Chipped Beef-★ (150 cal.) \$8.00

Vegetable and Egg Burrito- ★ 🌿 Egg, peppers, potatoes, onions and cheese in a tortilla wrap. (610 cal.) \$7.50

Sausage Bacon and Egg Burrito- ★ Egg, sausage, bacon, peppers, onions and cheese in a tortilla wrap. (690 cal.) \$7.50

Chorizo Hash- ★ Potatoes, chorizo, onions and spices grilled and served with an over easy egg on top. (430 cal.) \$8.00

Flat Iron Steak and Eggs- ★ Lightly seasoned and grilled to order. (380-580 cal.) \$12.95

BREAKFAST BREADS

Toast- White or Multigrain— (60/130 cal.) \$.99

English Muffin - (130 cal.) \$2.50

Croissant- (290 cal.) \$2.50

Bagel - (230 cal.) \$2.00

Biscuit - (250 cal.) \$1.50

FROM THE GRIDDLE

(Served w/ your choice of egg and 2 sides.)

Pancakes- 🌿 🍏 Buttermilk pancakes. (240 cal.) \$7.00

Blueberry Pancakes- 🌿 🍏 Buttermilk pancakes with blueberries. (260 cal.) \$7.25

Waffle- 🌿 🍏 Crispy golden waffle. (200 cal.) \$8.00

EGGS

(Served w/ your choice of 2 sides.)

Scrambled- 🌿 🍏 (200 cal.) \$1.99

Fried- Your Desired Style. (70 cal.) \$1.99

Egg Whites- 🌿 🍏 (90 cal.) \$1.99

OMELETS

(Served w/ your choice of 2 sides.)

Western- 🍏 3 eggs, diced ham, diced bell pepper. (230 cal.) \$8.00

Cheese- 🌿 🍏 With sharp cheddar cheese. (250 cal.) \$7.00

Plain- 🌿 🍏 3 eggs. (200 cal.) \$3.50

OMELET Add-ons \$1.50

Sausage Link (230 cal.) - **Bacon** (110 cal.)

Cheddar Cheese (40 cal.) - **Peppers &**

Onions (30 cal.) **Spinach** (120 cal.)- **Crab**

(30 cal.) -**Mushrooms** (130 cal.) - **Ham** (180

cal.) **Cherry Tomatoes** (5 cal.) - **Feta Cheese** (70 cal.)

SIDES \$1.50

Sausage Links (230 cal.) - **Bacon** (110 cal.) -

Sausage Patty (180 cal.) - **Scrapple**- (130

cal.)- **Hash Brown Patty**- (170 cal.) -

French Fries- (350 cal.)

DESSERT

Assorted Danishes-(360 cal.) \$2.50

Cinnamon Bun- (330 cal.) \$3.00

Assorted Donuts- (240 cal.) \$1.50

Assorted Scones- (440 cal.) \$2.95

No Sugar Added Apple Pie- (330 cal.)

\$3.25

Parfait- (265 cal.) \$2.75

Healthier Choice

★ New for Month | 🍏 (under 460 mg sodium, 4 g saturated fat, 10 g added sugar) | 🌿 Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.