

## Wilton Overlook 2<sup>nd</sup> Floor Weekly Calendar

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10:00</b>	<b>My Daily Bread</b>	<b>Sit and Be Fit</b>		<b>Workout Wednesdays</b>	<b>Morning Stretch</b>	<b>Fitness Fun</b>	
<b>10:30</b>		<b>Mystery Mondays</b>		<b>Bingo/Jingo</b>	<b>Discussion Group</b>	<b>Story Telling</b>	<b>Bingo (Meeting Hall)</b>
<b>11:00</b>	<b>Protestant Church Service (Meeting Hall)</b>						
<b>1:30</b>		<b>Puzzles</b>	<b>Card Games</b>			<b>Facetime</b>	
<b>2:00</b>	<b>Afternoon Stretch</b>	<b>Riddles and Jokes</b>	<b>Manicures &amp; Hand Massages</b>	<b>Catholic Mass (Meeting Hall)</b>	<b>Word Games</b>	<b>Sing Along</b>	<b>Trivia</b>
<b>3:00</b>	<b>Anagrams</b>	<b>Bingo</b>	<b>Word Games</b>	<b>Arts &amp; Crafts</b>	<b>Happy Hour</b>	<b>Adaptive Sports (Cornhole, Bowling, Bean Bag Toss...)</b>	<b>Arts and Crafts</b>
<b>4:30</b>				<b>Facetime</b>	<b>Facetime</b>		
<b>6:00</b>		<b>Discussion Group</b>	<b>Short Stories</b>				