

# Terrace Café


April 8-April 13

## SOUPS & SALADS

**Manhattan Clam Chowder-** Chopped clams, carrots, celery, onions, tomatoes, potatoes, garlic and fresh herbs in a rich seafood broth. (80 cal.) \$2.75



**Soup of the Day** A homemade specialty soup prepared in-house. \$2.75

**House Salad-**Mixed greens, carrots, tomatoes and cucumbers. (30 cal.) \$2.50

**Greek Farro Salad**  Farro, Kalamata olives, cucumber, tomato, artichoke, roasted red pepper, feta cheese and red onion tossed with Greek dressing. (260 cal.) \$3.25

**Fruit Salad-** Cut pineapple, seedless green grapes, red grapes, mango and kiwi. (30 cal.) \$2.95

**Broccoli Crunch Salad-** Broccoli, cauliflower, bacon, red onion, raisins and sunflower seeds tossed in an apple mayonnaise. (180 cal.) \$3.25


**Ambrosia Salad-**   Mixed fruit with, pecans, marshmallows and whipped cream. \$3.00 (150 cal.)

## ENTRÉE SALADS

Served w/ Shrimp (140 cal.), Chicken (190 cal.) or Grilled Portobello mushroom (70 cal.)

**Trio Salad-** Chicken, egg & tuna salad on romaine lettuce with cherry tomatoes & cucumbers. (510 cal.) \$ 10.00

**Caesar Salad-** Chopped romaine, parmesan cheese, house-made croutons, tossed in Caesar dressing. (500 cal) \$9.00

**Chef Salad -**  Green leaf, iceberg and romaine lettuce - Turkey, ham, cheddar cheese, Swiss cheese, tomato, cucumber and hard boiled egg. (420 cal.) \$10.00

## DELI

Served with a dill pickle and one side.

**\*Gluten Friendly Bread Options Available\***

**Chicken Salad-**Roasted and diced chicken tossed with mayonnaise, mustard and celery. (340 cal.) \$6.00

**Shrimp Salad-** Chilled steamed shrimp, lemon and seasoning tossed with mayonnaise and celery. (310 cal.) \$8.00

**Tuna Salad-** Tuna, lemon, and mayonnaise. (330 cal.) \$6.00

**Egg Salad-**Diced eggs, mayonnaise and mustard lightly seasoned. (270 cal.) \$6.00

**Smoked Salmon BLT-** Smoked salmon, bacon lettuce and tomato on toast with remoulade sauce. (580 cal) \$12.00

**Italian Cold Cut Sub-** Thinly sliced salami, ham and mortadella layered with provolone cheese, lettuce, tomato, onion and lemon vinaigrette on a hard roll. (800 cal.) \$9.00

**Turkey Club-** Thinly sliced turkey with American cheese, crispy bacon, lettuce and tomato on 3 layers of toasted bread. (450 cal.) \$8.00

## GRILL

Served with a Dill Pickle and one side.

**\*Gluten Friendly Bread Options Available\***

**Signature Burger** - Smash style griddle seared beef burger with shredded lettuce, tomato and onion, on a toasted brioche bun. (550 cal.) \$6.95

**Turkey Rachel-** Thinly sliced roasted turkey breast, coleslaw, Swiss cheese and 1000 island dressing on toasted rye bread. (760 cal.) \$9.00

**Philly Cheesesteak** - Seared Philadelphia style steak and onions on a roll with melted provolone cheese. (820 cal.) \$8.00

**Rueben-** Corned beef with Swiss, Sauerkraut, Thousand Island on rye bread. (700 cal.) \$9.00

**Grilled Cheese** - Buttered and toasted bread with melted American cheese. (320 cal.) \$4.00

**Hot Dog-** All beef, quarter pound hot dog on a bun. (440 cal.) \$5.00


**Chicken Philly Cheesesteak-** "Philly style" chicken sautéed with onions and American cheese on a toasted sub roll. \$8.00 (710 cal)


**Tuna Melt-** Tuna salad and melted cheddar cheese on toasted sourdough bread. (740 cal.) \$7.00



**Chicken Bacon Ranch Sandwich-** Grilled chicken breast with bacon, ranch dressing and pepper jack cheese on sourdough panini bread. (710 cal.) \$8.00

**BBQ Bacon Cheddar Burger** - Beef burger topped with bacon, cheddar, barbecue sauce, lettuce and tomato on a brioche bun. (790 cal.) \$7.00

**Crispy Chicken Ranchero** - Crispy fried breaded chicken, chopped romaine, chipotle mayonnaise, ranch, cheddar cheese and fresh tomato wrapped in a warm tortilla (730 cal) \$8.00

**Shrimp Po Boy**  Grilled shrimp topped with coleslaw, remoulade and tomatoes on a sub roll (600 cal) \$10.00

**Roast Beef & Swiss Sandwich**  Thinly sliced roast beef and Swiss cheese on sourdough bread with lettuce and tomato (400 cal) \$8.00

**Vegetable Burger**   House made lentil, parmesan cheese, mushroom and kale burger, topped with lettuce, tomato and onion on a brioche bun \$8.00 (520 cal)

## SALAD DRESSING

1000 Island (140) - Balsamic Vinaigrette (60) Blue Cheese (160) - Italian (50)- Ranch (120) - Honey Dijon (130)

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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## PIZZA (500-790 cal.)

Cheese - Pepperoni - Sausage - Ham,  
Roasted Red Peppers - Red Onions - Portabella Mushrooms- \$8.00

**Gluten Friendly crust available upon request.**

## ENTRÉES

**Buffalo Chicken Wings** -Crispy fried chicken wings tossed in a traditional spicy Buffalo sauce. Served with blue cheese dressing.

(830 cal.) \$9.00

**Chicken Tenders-** Buffalo, BBQ, Old Bay or plain with coleslaw, and one side.

(340 cal.) \$9.00

**Plain Grilled Chicken-** (190 cal.) \$6.00 🍏

**Plain Salmon-** (240 cal.) \$11.00 🍏

## BEVERAGES

Coke - Diet Coke - Root Beer - Ginger Ale - Lemonade - Sprite - Brewed Tea -  
Brewed Coffee - Milk

## SIDES

**Steak Fries** (350 cal.)

**Sweet Potato Fries** (200 cal.)

**Cole Slaw** (140 cal.)

**Onion Rings** (390 cal.)

**Chips** (450 cal.)

**Fruit Salad** (30 cal.)

OR CHOOSE FROM OUR DAILY SPECIAL SIDES.

## DESSERT

**Red Velvet Cake** (270 cal.)

**Chocolate Chip Cookies** (380 cal.)

**NSA Apple Pie** (330 cal.)

**Coffee Cake** (210 cal.)

**Fruit Salad** (30 cal.)

**Daily Ice Cream Selection** \$2.75

★ New for April

| 🍏 Healthier Choice  
(under 460 mg sodium, 4 g  
saturated fat, 10 g added sugar)

| 🌿 Vegetarian

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