

TERRACE

Carb Counter

Carb counted menu items with one serving or less each. To be included in a balanced meal. Recommendations for carbohydrate intakes vary by individual.

ENTREES

GRILLED CHICKEN BREAST (*0 g carb*)

GRILLED SHRIMP (*0 g carb*)

GRILLED SALMON (*0 g carb*)

TUNA, SHRIMP, CHICKEN, OR EGG SALAD (*<1g carb*)

COBB SALAD W/GRILLED CHICKEN (*8 g carb*)

TRIO SALAD (*8g carb*)

SIDES

HOUSE SALAD (*5 g carb*)

FRUIT SALAD (*7 g carb*)

SEE DAILY SPECIALS VEGETABLES*

