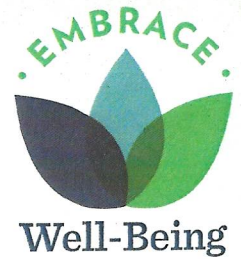


Preserving Independence



5 Signs You May Need an Assistive Device

1. Recent fall(s)
2. Painful walking
3. Limited endurance
4. Balance/Dizziness problems
5. Medical conditions that increase risk



Existing Assistive Device Considerations...

- o Age of device?
- o Any loose parts or visible wear and tear?
- o Do brakes lock and unlock?
- o Recent falls using device
- o Change in medical or physical conditions?

Discuss your questions and concerns with your medical provider to determine next steps to preserve your independence!