

Dear Friends,



How can it already be August?

I'm certain that almost all of us have memories of one kind or another of time spent at the ocean.

It happens to be one of my favorite places (especially Ocean City!).

As we continue to experience another Maryland summer, I'd like to share a poem written by an SSND friend of mine from Milwaukee, Sister Marie LeClerc Laux. It seems to be a wonderful metaphor for our lives. Poetry also invites us to reflect on our own lives and often leads us to prayers of gratitude for how God has been present in our lives. So read, reflect and give thanks.

Dare the Ocean

*If you want to swim the depths
you must dare the ocean.
You must start with resolute step
and plant feet firm in sand
against swirling fingers clawing at your legs.*

*You must dare to brace
the roaring crest of waves
crashing to oblivion on the beach,
taking the swells and dips, front or side,
relief or strife as you push on.*

*You must face the rushing water-wall
towering above your head like a vulturous bird
that devours you with a pitiless crunch
and tosses you out like discarded bones
from its frothy mouth.*

*You must struggle and sputter, fall and flail,
fighting the ceaseless rush of wind and wave
until...a sudden calm enfolds you in its arms
like warm, summer sun
and you are there
where only those who dare
find their peace.*

In Notre Dame,

Sister Eileen

Did You Know?

- On August 27th Pope Francis will elevate 21 Bishops and Archbishops to the rank of Cardinal.
- Eight of the newly named Cardinals are from Europe, six from Asia, two from Africa, one from North America, and four from Central and Latin America.
- Bishop Robert McElroy is currently the Bishop of San Diego, CA, & is among these to be named Cardinal.



**August – Faith on Film –
“Indescribable” Tuesday, August 9th @
1:00 pm**

Spiritual Book Club



Join us for a discussion of “The Identicals”
by: Elin Hilderbrand on Tuesday, August
16th @ 2:00 pm in the Pastoral Care
Jeremiah Room. For more information
contact Sr. Eileen at 410-737-8838-601-
8587.

Our Daily Bread

8:15 am CTS Lobby

8:30 am – Cross Creek Lobby

Wish List, Tea bags with strings, zip lock baggies (sandwich size), paper lunch bag. Consider using Peapod to buy mac & cheese casseroles.

The next pick-up will be on Friday, September 23rd