

CONNECTOR TIPS

KEEPING YOU ENGAGED & INFORMED

Volume 17

September 2020

UPDATE ON CURRENT ACTIVITIES / EVENTS

Welcome to Fall! The weather is changing and we have had some amazing days. We hope that has inspired you each to get out for a nice walk “social distancing” style. If you get a chance walk past the Butterfly Garden and check out the Earth Day Zinnias.

Day to Serve: “Unity with the Community” begins Thursday, September 21st and continues through Saturday, October 10th. We will be making blankets for the Ronald McDonald house, making masks for Charlestown residents and Gilcrest Hospice, collecting school supplies for children at Lansdowne Elementary, as well as kicking off our pen pal program with Lansdowne students. We are currently accepting donations of flannel for blankets and 100% cotton fabric for mask making. For more detailed information regarding these projects, please check out the bulletin boards, My Erickson or Channel 972. Call the Volunteer office to register 410-737-8838 x601-8133.

Daily/Weekly Puzzles: Puzzles, as well as the answers to the previous week’s puzzles, are distributed every Friday for those who have signed up. The packets contain one puzzle per day for the following week. To participate, contact information is on the back of this newsletter.

Trivia: Join your Charlestown friends and neighbors for fun fact filled trivia challenges. Expect to receive these challenges during the 1st and 3rd weeks of the month. Prize drawings will be randomly held for all participants!

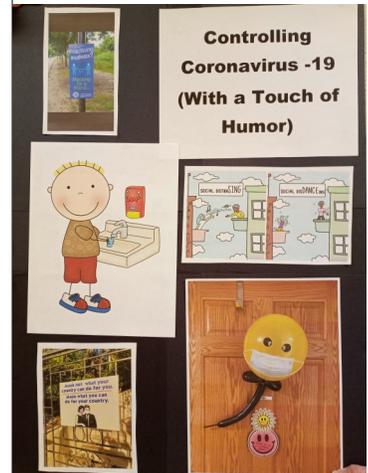
Scavenger Hunts: Join in the fun while staying “Safe at Home” and enjoy participating in our Indoor Scavenger Hunt from the comfort of your own home. You will receive worksheets on the 2nd and 4th weeks of the month.

Crafty Creations Challenge: Join in our monthly craft challenge. Community Resources will provide the supplies. You come up with the creation. What a great way to combat “cabin fever”, get creative and win prizes!

COMPUTER RELATED ACTIVITY IDEAS

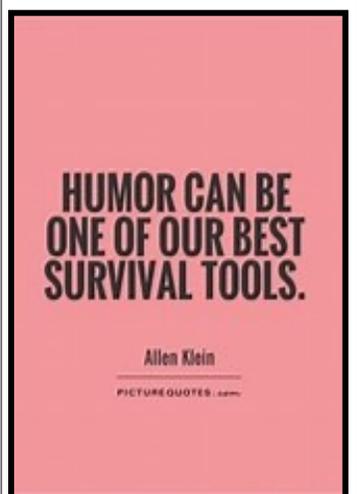
Teach various skills via the internet: (This could potentially be a paid side job). Teach another language? Teach an instrument? Teach Dance lessons? Contact <https://takelessons.com/browse-lessons> for information about working remotely.

Learn to Cook: Now that more places have re-opened and you are able to get more supplies, check out Food Network or YouTube to learn or brush up on some of your cooking skills.



Thank you to everyone who participated and voted for their favorite

COVID Campaign Ad. Several residents participated and created some incredible posters reminding all of us about COVID-19 Healthy Habits. Your vote counted! Congratulations to the winners Betty Miller and Connie Andrews!



COMMUNITY RESOURCES & VOLUNTEER PROGRAM

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We share our gifts to create a community that celebrates life!



NON-COMPUTER RELATED IDEAS

Journal Topic of the Month: How would you describe 2020? Write about your struggles, accomplishments and all you have learned throughout this year.

Join the Devonshire Pen Pal Program: We are partnering with our sister community Devonshire in Florida and connecting residents with our pen pal program. Please contact the Volunteer Program to register.

Join in various groups on campus that have resumed their meetings and club activities! Look for listings on the CTN 972 TV scroll and My Erickson by the end of September. Attendance is limited during Phase 2, so it is best to contact the resident Group Leader to inquire how the group is meeting and how you can participate. This information may be found in the Community Resources Guidebook.

Family/Friend Question of the day: Present a question of the day to your family/friends near and far. Have them share their answers via phone, video, on line or even in a hand written letter.

Unplugging Time: Pick at least an hour per day where you unplug from everything even phones. Turn off your devices and just enjoy time by yourself meditating or reach out and connect with others.

GET TO KNOW YOUR NEIGHBORS!

Use the My Erickson Resident Directory section to find neighbors in specific categories (i.e. Bridge players). Give someone a call, introduce yourself, and to get to know them. But first, update your own profile so that your neighbors can find you! See a more detailed article with a sample resident profile in the September Edition of the "Sunburst".

How to update your profile:

1. First, update your own resident profile in the Resident Directory so that your neighbors can connect with you!
2. When you are logged in to MyErickson and are on the main screen, click the gray person icon in the top right corner. Click "My Profile."
3. Or go to the Resident Directory section, find your own name, and click "Edit Profile"
4. Then add a photo, your preferred name, email, additional or preferred phone numbers, and information about yourself, including your favorite things, interests, and profession. Make sure to click "Save" at the bottom!

How to search for people in MyErickson:

1. Click on the Resident Directory Icon.
2. At the top, there is a magnifying glass next to a white box that says "Resident Directory". Click on the gray text.
3. In the box, type what you would like to search for. Some suggestions are a *name* (first or last), a *building* (use the two letter abbreviation, such as BR - capital or lower case letters do not matter), a *floor and building* (use the format BR-1, for instance to find residents who live on the first floor of Brookside), a *hobby* (try bridge or movies!), or a *profession* (such as teacher or government).



Resident Directory