

# CONNECTOR TIPS

## KEEPING YOU ENGAGED & INFORMED

Volume 16

August 2020

### UPDATE ON CURRENT ACTIVITIES / EVENTS

“Connector Tips” is BACK based on popular demand, so we decided to publish the Connector Tips on a monthly basis opposite the distribution of the “Sunburst”. We hope that it brings you some joy and ideas as you continue to navigate through the “opportunities” COVID has brought into your lives. We are all in this together and we hope you feel supported and connected in a small way through this newsletter.

**Daily/Weekly Puzzles:** Puzzles, as well as the answers to the previous week’s puzzles, are distributed every Friday for those who have signed up. The packets contain one puzzle per day for the following week. Contact information is on the back of this newsletter.

**Trivia:** Join your Charlestown friends for a fun fact filled trivia challenge. You will receive these challenges during the 1<sup>st</sup> and 3<sup>rd</sup> weeks of the month. Prize drawings will be randomly held for all participants!

**Scavenger Hunts:** Join in the fun while staying “Safe at Home” and enjoy participating in our Indoor Scavenger Hunt from the comfort of your own home. You will receive worksheets the 2<sup>nd</sup> and 4<sup>th</sup> weeks of the month.

**Crafty Creations Challenge:** Join in our monthly craft challenge. Community Resources will provide the supplies. You come up with the creation. A great way to combat “cabin fever”, get creative and win prizes!

**Controlling Coronavirus Campaign Competition:** A fun competition suggested by Eugenia High. Paint, Draw, or use whatever method you choose to create a sign that shows ways to control the spread of COVID-19. We are extending the due date for this activity until Aug. 21<sup>st</sup>. For ideas see the posters in the bulletin board display cabinets.

**Community Updates with Community Resources & the Volunteer Program:** Join us on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month on CH 972 at 10:00 am, 12 noon, 2:00 pm, 4:00 pm & 10:00 pm to stay engaged and informed about current happenings and announcements.

### COMPUTER RELATED ACTIVITY IDEAS

**Mock Interviewer or Resume/Cover Letter Proofing:** Help college students prepare for job interviews by coaching and offering mock interview virtual sessions or proof reading resumes/cover letters. Training provided. Email Katherine Schmid: [volunteer@onpointforcollege.org](mailto:volunteer@onpointforcollege.org)

**Be My Eyes:** Assist people who are blind or have low vision in various ways. Video based volunteering through an app. <https://www.bemyeyes.com/>

**Career Village:** Is a website where people can get and give career advice. Volunteer to answer questions people may have in your field, or ask question about a field you are interested in pursuing. <https://www.careervillage.org/>

Thanks to the participants of the Christmas in July door decorating contest. Charlestown staff and residents had their days brightened as they walked through the “decked halls” Some of the entries were included in the August Edition of the “Sunburst”. The winners of were chosen based on their use of recycled materials and creativity! You will be contacted soon to claim your prizes!. The winners are:



Ed Piechowiak



Joy Gould

## COMMUNITY RESOURCES & VOLUNTEER PROGRAM

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*We share our gifts to create a community that celebrates life!*



## NON-COMPUTER RELATED IDEAS

**Journal Topic of the Month:** How do you nurture your body? How does it communicate its needs with you? What are some ways you want to improve nurturing your body?

**Military Children's Book Project:** Donate a children's book that will go to Title 1 schools on military bases. You can personalize it with an uplifting message for the child who receives it. Call Christopher McGilvery at 1-806-759-5401 to participate.

**Kind Act:** Do something kind to offer support to families that are facing challenges with schools being closed. **Ideas:** Surprise them with dinner (make it or order a pizza to be delivered to their home), offer to chat on phone/video to help tutor, read or play a game (this also gives parents a minute to themselves), send a note or of encouragement and support, reach out with a phone call or email to the parent to check in and see what they need help with, send them some school supplies or drop off a tasty treat!

*"Practice random kindness and senseless acts of beauty." —Anne Herbert*

## GET TO KNOW YOUR NEIGHBORS!

Use the My Erickson Resident Directory section to find neighbors in specific categories (i.e. Bridge players). Give someone a call, introduce yourself, and to get to know them. But first, update your own profile so that your neighbors can find you! See a more detailed article with a sample resident profile in the September Edition of the "Sunburst".

### How to update your profile:

1. First, update your own resident profile in the Resident Directory so that your neighbors can connect with you!
2. When you are logged in to MyErickson and are on the main screen, click the gray person icon in the top right corner. Click "My Profile."
3. Or go to the Resident Directory section, find your own name, and click "Edit Profile"
4. Then add a photo, your preferred name, email, additional or preferred phone numbers, and information about yourself, including your favorite things, interests, and profession. Make sure to click "Save" at the bottom!

### How to search for people in MyErickson:

1. Click on the Resident Directory Icon.
2. At the top, there is a magnifying glass next to a white box that says "Resident Directory" in gray. Click on the gray text.
3. Type in what you would like to search for: some suggestions are a *name* (first or last), a *building* (use the two letter abbreviation, such as BR - capital or lower case letters do not matter), a *floor and building* (use the format BR-1, for instance to find residents who live on the first floor of Brookside), a *hobby* (try bridge or movies!), or a *profession* (such as teacher or government).



Resident Directory