



Continuing Care Crier

Welcome to our newest member of the team, Leslie Johnson, RN, BSN our new Director of Nursing. Leslie has been with us since the end of May and she is already forming relationships with residents and staff, and fitting right in.

Leslie has over 17 years of experience as a registered nurse that includes medical/surgical, emergency medicine, as well as the establishment of a stroke program. She has worked at Anne Arundel Medical Center, St. Agnes Hospital, and most recently at HRC ManorCare where she served as both a Director of Nursing as well as a Mobile Director of Nursing.



Leslie most recently led a team of 20 registered nurses and is described as a “transformational” leader. Throughout all of her experiences, she believes in continuous improvement of clinical skills, a constant focus on customer service and the creation of an engaging environment that promotes personal growth and development. Leslie holds a BSN degree from The University of Maryland. She is also ACLS, BLS and PALS

certified.

Please extend a warm welcome to Leslie as she becomes a part of the Continuing Care team and Charlestown family!

Helpful hint: by clicking the link below for the resident-run website, you can access all of the continuing care menu and activity information for the current month. Click the "**Continuing Care**" tab in the toolbar at the top of the screen.

[Link to Charlestown Resident-Run Website](#)



If you have a special event to celebrate ~Celebrate a special event or holiday with your loved one here at continuing care by reserving a room. Room reservations can be made through Programming team, at ext. 601-8227.

The Brainfood Cafe has arrived at Caton Woods. [Click here](#) for flier with more details.



If you have a loved one in Caton Woods or Butterfly Fields, please make sure you stop by

the Assisted Living Family Happy Hour on Wednesday, July 11th. See flier to the left for complete details. There is still time to RSVP, the deadline has been extended to this Friday, July 6.

[Click here](#) for a link to the flier



Erickson Advantage

Another reason to choose the Erickson Advantage Guardian Plan

An exclusive insurance plan for residents of long-term care



Extra Care and Attention for your loved one.

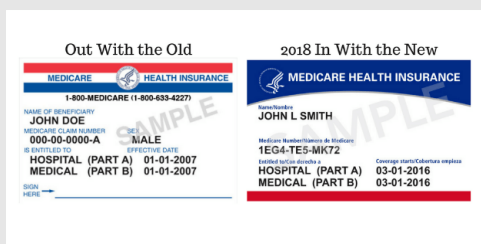
With the Erickson Advantage Guardian Plan, your loved one will have the attention of a registered nurse, who will act as a personal care coordinator. Our Nurse Care Coordinator works directly with the resident, you, and the continuing care team to develop an individualized plan of care to address your loved one's needs, whether they are receiving routine care in the continuing care or needing additional care.

Coverage costs just \$32.80 a month and enrolling is easy.

To learn more about the Guardian Plan, call Jennifer Simon your Charlestown licensed sales agent at 443-297-3110 TTY 711 Monday

through Friday, 8:30am-5:00pm, local time.

[Click here for more information.](#)



New Medicare Cards

Medicare mailed out new cards with new numbers to their patients and our medical center is actively trying to update patient charts with the new number. We would appreciate your help. Please bring a copy of the new Medicare card to our Admissions office or you can email a copy to us: CCI.CCnewsletter@erickson.com.



From Our Programming Department...

In May, Program Assistant Alyssa Damiles hosted an Armed Forces Day Celebration in the RG Meeting Hall. This was a chance for the Veterans of RG to come together and meet people that were currently active duty. Alyssa's husband, Raphael who is in the Air Force, and his friends came in to be our guest speakers and share their experience with the audience. We had two members from the Air Force, one member from the Navy, and one from the Army.

The residents' faces lit up when they saw the new generation in uniform. We had three care packages filled with goodies on display for people to see before we ship them out to those overseas. After the group shared their experiences, we had a Q&A session. The Q&A was very informative; veterans could see what changes were made in the various



branches of the service. Some of the people asking questions were able to share a bit of their story as well. Our RG veterans were smiling, laughing, and enjoying the new information they were getting. Adding happy hour to the mix, this gave the military members a chance to go around and talk to the residents one-on-one and/or in groups. Even after ending the event, some residents wanted to stay back and continue talking and sharing their stories. This was a moment to have the veterans to come together and thank the new generation for everything they have done for our country.

Family Council Updates

The Family Council Dinner is held at 6:00 pm on the third Wednesday of each quarter (February, May, August, November). **The next meeting will be Wednesday, August 15.** Please contact Sara Shanklin, at 410-737-8838 ext. 601-8349, or via email at Sara.Shanklin@erickson.com for more information or to RSVP.

[Click here](#) for meeting flier.



PS Salon

[Click here for Selection of Salon Services & Price Schedule](#)

Save the Date!!!!

I am excited to announce that on October 19th we will be having a CCI Alzheimer's memory walk here on campus. We will be teaming up with staff, family and residents to make this event a success. More information is on the way. We are also working on fundraising for the Alzheimer's association. Below is a link that will allow you to join the CC team or if you wish, to make a donation.

http://act.alz.org/site/TR/Walk2018/MD-GreaterMaryland?team_id=476992&pg=team&fr_id=11271

I would love to see staff hand and hand with residents at this event together. Click here for the

Thanks for your support!
Lauren Price
Memory Care Manager

Payment Terms Reminder

Payments are due upon receipt.

To ensure timely posting to your invoice, please submit payment by the 20th of each month.

Please contact Doris Mills, Business Office Manager, 443-297-3347 with any questions.



Charlestown's Memory Support Teams' Walk to End Alzheimer's Disease!

Save the Date!

Over 5 million Americans are living with Alzheimer's Disease and as many as 16 million will have the disease in 2050!

Every 65 seconds, someone in the United States develops Alzheimer's disease.

SUPPORT THE CAUSE

Take Action!

WALK TO END ALZHEIMER'S

On October 19, 2018, Charlestown will host its first Alzheimer's walk on campus! This event is open to all residents, families and staff.

Start Time: 1:30pm
Location: Caton Woods

Contact: Teresa Reymann-Curran ext. 601-8731
Lauren Price ext. 601-3121

MORE DETAILS TO FOLLOW!

Charlestown



Treasure Sale

[Click here](#) for upcoming Treasure Sale dates. If you haven't been before, the Treasure Sale is an experience you want to try at least once.



Construction Updates

Welding Safety

There has been and will continue to be welding on the construction site. Although it is human nature to want to look at the bright flashes, it is not safe to look at the light without proper safety glasses or a safety shield. As progress continues on the building, some of the existing resident units in RGN may have a "good" view of the welding work areas. **Please take proper precautions for your safety and that of your loved ones by not looking at any welding work.**



Construction is underway for a multi-million development of Wilton Overlook, a new skilled nursing/memory care building on the Charlestown campus. It will be completed in three phases with phase one expected to be completed in April 2019. This new 171,000-square-foot building



complements the opening of Caton Woods, a new assisted living building that had a \$28.5 million development project cost.



For any additional questions regarding construction, please contact Nathan Blumberg, Charlestown Associate Executive Director at 443-297-3526 or via email at Nathan.Blumberg@erickson.com

Construction Milestones, Phases 1 & 2

Milestone	Projected Schedule
Phase 1 – State Terrace Level Slab on Grade	March 2018
Phase 1 – Structure Topped Out (Roof)	July 2018
Phase 1 – Start drywall installation	September 2018
Phase 1 – Start final building inspections	February 2019
Phase 1 – Substantial Completion	March 2019
Phase 2 – Start Floor 1 Slab on Grade	November 2019
Phase 2 – Structure Topped Out (Roof)	March 2020
Phase 2 – Start drywall installation	April 2020
Phase 2 – Start final building inspections	September 2020
Phase 2 – Substantial Completion	October 2020

SUMMER HEALTH AND SAFETY

PROTECT YOUR SKIN • STAY HYDRATED • PUT SAFETY FIRST

PROTECT YOUR SKIN

Skin cancer is the **MOST COMMON** type of cancer, accounting for **NEARLY HALF** of all cancer cases

The sun's UV rays are **STRONGEST** between 10 a.m. and 4 p.m.

— SUNSCREEN FACTS —

- UVB rays are the **MAIN** cause of sunburns
- SPF measures how well sunscreen protects against UVB rays only
- Water-resistant sunscreen provides protection while swimming or sweating
- Broad-spectrum sunscreen protects against both UVB and UVA rays



RN Supervisor Coverage

Renaissance Gardens and Caton Woods have an RN nursing supervisor on duty 24 hours a day 7 days per week. The after-hours number to reach a nursing supervisor is 410-443-5608.

Maintenance

If you have a maintenance concern or request, please email CCIworkorders@erickson.com. Be sure to provide the resident's name, room number and concern.



Your Input Matters!!

We strive to share relevant, pertinent information with you in every issue of this newsletter. Please let us know at CCI.CCnewsletter@erickson.com if you have suggestions or ideas about content you would like to see in this newsletter.

YOUR
OPINION
MATTERS!
We Want Your Feedback

Our intent is to keep everyone up-to-date on current happenings, construction updates as well as sharing some of the fun times with you. This newsletter will be published on a bimonthly basis. We value and appreciate your feedback; please do not hesitate to share it with us. Our email address is CCI.CCnewsletter@erickson.com.

Contact us at CCI.CCnewsletter@erickson.com
