

Weekly Specials

8/31-9/5

*****Full Static Menu Always Available*****

Please write your name and resident identification number legibly
when filling out your carry out form. Thanks

Atrium

Lunch & Dinner Specials

Thai Coconut Curry Chicken- Chicken, coconut milk, red curry, peppers, onions, ginger, garlic, fish and soy sauce. (400 cal.) \$12.00

Shrimp Fra Diavolo- Spicy shrimp sautéed with garlic, shallots and white wine then simmered in a marinara sauce with fresh basil and served with linguine. (280 cal.) \$10.00

Mongolian Beef Stir Fry- Strips of beef, green onions, garlic, ginger, soy sauce and brown sugar over jasmine rice. (420 cal.) \$10.00

Crab and Go Specials @ Charlestown Square

Carryout only Open Monday-Friday 1pm-5pm

Maryland Crab Soup (90 cal.)

Crab Cake Sandwich (590 cal.)

BBQ Ribs (500 cal.)

Chicken Salad Sandwich (450 cal.)

Turkey Club Wrap (450 cal.)

Italian Sausage Sub (560 cal.)

Italian Cold Cut (790 cal.)

Sides

Desserts

Baked Beans (130 cal.)

Sundae Bar

Carrot and Raisin Salad (210 cal.) Cookies (180-200 cal.)

Coleslaw (140 cal.)

Potato Salad (180 cal.)

Potato Chips (450 cal.)

Whole Fruit

Chesapeake- No DELIVERY OFFERED

New York Strip Steak- Grilled beef NY strip steak. \$24.99 (360 cal.)

Cashew Chicken Stir Fry - Chicken breast, cashews, broccoli sesame seeds and green onions over jasmine rice. \$12.00 (490 cal.)

Jambalaya - Chicken, sausage, shrimp, rice, okra, butter and spice. \$12.00 (320 cal.)

Suggested with Red Beans & Rice Kidney beans, garlic, onion, green pepper and spices. (120 cal.)

Gluten Free Bread and Buns Available Upon Request

Available at all restaurants

Fruit Special of the Week: Whole Apple



New for August



Healthier Choice

(under 460 mg sodium, 4 g
saturated fat, 10 g added sugar)



Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase
your risk of foodborne illness, especially if you have certain medical conditions.