

Café on Main

September 14th- December 12th

Main Street Breakfast Menu

Available 9am-11am

Breakfast Platter -

Scrambled eggs, choice of protein (sausage, bacon, ham or garden patty) home fries, toast with butter and jam. (430-630 cal.) \$7.95

BYO Breakfast Sandwich -

Choice of protein (sausage, bacon, ham or garden patty), egg and American cheese on your choice of bread- bagel, English muffin, sourdough, wheat or rye. (390 cal.) \$6.95

Sausage and Bacon Breakfast Burrito -

Egg, sausage, bacon, peppers and onions and cheese in a tortilla wrap. (650 cal.) \$6.95

Grilled Cheese -

Traditional sandwich with buttered and griddled white bread and American cheese. (320 cal.) \$6.95

B.L.T. Sandwich -

Bacon, lettuce and tomato on toast with mayonnaise. (390 cal.) \$6.95

Ala Carte

Scrambled Eggs - (50 cal.) \$2.75

Sausage, Bacon or Ham - (105 cal.) \$2.00

Garden Patty- (45 cal.) \$3.00

Ranch Home Fries - (120 cal.) \$2.75

Bagel w/ Cream Cheese - (370 cal.) \$3.95

English Muffin- (370 cal.) \$2.00

Toast- sourdough, wheat or rye (100 cal.) \$1.75

(Choice of Butter, Margarine, Jam and Cream Cheese included with purchase)

Yogurt Parfait - (350 cal.) \$4.50

Fruit Cup - (350 cal.) \$2.75

Fruit of the Week - \$2.75

Donut - (350 cal.) \$1.75

Danish - (350 cal.) \$1.75

Premium Pastries - (390-460 cal.) \$3.25

Beverages

Brewed Tea- \$1.95

Brewed Coffee- \$1.95

Milk- \$.95

Juice- \$1.95

Fountain Soda- \$1.95

Coke - Diet Coke -

Dr. Pepper - Ginger

Ale - Lemonade -

Sprite

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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Main Street Sandwiches

Served with a dill pickle and one side.

Turkey and Ham Club - Thinly sliced turkey and applewood ham with American cheese, crispy bacon, lettuce and tomato on 3 layers of toasted bread. (490 cal.) \$10.95

Hot Pastrami and Swiss on Rye - Hot Pastrami, sauerkraut, Swiss cheese and Dijonnaise on rye bread. (640 cal.) \$9.95

Ham and American Sandwich - Shaved - with American cheese on rye bread, lettuce and tomato. (510 cal.) \$8.95

Cranberry Walnut Chicken Salad - Diced poached breast of chicken, mayonnaise, Dijon, walnuts, dried cranberries, and lemon juice. (360 cal.) \$7.95

Tuna Salad - Tuna, lemon, and mayonnaise. (330 cal.) \$7.95

Grilled Cheese - Traditional sandwich with buttered and griddled white bread and American cheese. (320 cal.) \$6.95

B.L.T. Sandwich - Bacon, lettuce and tomato on toast with mayonnaise. (390 cal.) \$6.95

Hot Dog - All beef, quarter pound hot dog on a bun. (380 cal.) \$5.95
add chili. (120 cal.) \$1.50

Build Your Own Sandwich-

Turkey (90 cal.) \$8.95

Ham (40 cal.) \$8.95

Pastrami (130 cal.) \$9.95

Grilled Chicken (220 cal.) \$8.95

Cranberry Walnut Chicken
Salad- (360 cal.) \$7.95

Tuna Salad- (330 cal.) \$7.95

Garden Patty (160 cal.) \$8.95

Bread:

Sourdough (100 cal.) **Wheat** (120 cal.) **Marble Rye** (140 cal.)

Sub Roll (230 cal.) **Wrap** (310 cal.)

Gluten Friendly Bread Options Available

Sandwich Toppings:

American (50 cal.) **Cheddar** (110 cal.) **Swiss** (110 cal.) **Provolone** (100 cal.)

Lettuce , Tomato, Red Onion, Bacon (110 cal.)

Mayo (210 cal.) **Honey Dijon** (130 cal.) **Ranch** (120 cal.) **Herb Aioli** (315 cal.)

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Café on Main

July 13th- September 12th

Main Street Salads.

House Salad - Shredded carrots, tomatoes and cucumbers served over a bed of mixed greens. (30 cal.) \$9.95

Caesar Salad - Chopped romaine, parmesan cheese, house-made croutons, with Caesar dressing. (500 cal.) \$9.95

Chef Salad - Green leaf, iceberg and romaine lettuce - Turkey, ham, cheddar cheese, Swiss cheese, tomato, cucumber and hard-boiled egg. (420 cal.) \$11.95

Salad of the Week - (See weekly specials)

Build Your Own Salad or Bowl -

Build your own salad starting with a bed of spring mix, romaine or farro and your choice of toppings below. (40-90 cal.) \$9.95

Toppings:

Farro (90 cal.), Tomatoes, Carrot, Cucumber, Mushroom, Green Pepper, Red Onion, Black Olives
Hardboiled Eggs (70 cal.) Bacon (110 cal.) Parmesan Cheese (110 cal.) Croutons (180 cal.)

Add on Proteins- \$2.00

Grilled Chicken (250 cal.) **Shrimp** (140 cal.) **Turkey** (90 cal.) **Ham** (40 cal.) **Garden Patty** (160 cal.)
Cranberry Walnut Chicken Salad- (360 cal.) **Tuna Salad-** (330 cal.) **Tofu** (90 cal.)

Dressing:

Honey Dijon (130 cal.) Ranch (120 cal.) Caesar (50 cal.) Golden Italian (90 cal.)
FF Raspberry Vin (90 cal.) Bleu Cheese (120 cal.) Balsamic Vin (110 cal.) Oil & Vin (0 cal.)

Main Street PIZZA

Fresh dough pizza baked tomato sauce and mozzarella cheese.

Cheese - (480 cal.) \$8.95

Pepperoni - (480 cal.) \$9.95

Build Your Own - (up to 4 toppings) - (500-790 cal.) \$11.25

Pepperoni - Sausage - Ham - Bacon -

Green Pepper - Red Onions - Mushroom - Black Olives

Pizza of the Week - (See weekly specials)

Gluten Friendly cauliflower crust available upon request. (480 cal.)

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SOUP

Soup of the Week - A homemade specialty soup prepared in-house. \$2.75

Beef Chili - Beef, beans, onions and peppers cooked in tomato and beef broth, garnished with sour cream, scallions and cheddar cheese. **Cup** (240 cal.) \$3.25 or **Bowl** (400 cal.) \$5.95

SIDES

French Fries (350 cal.) \$2.75

Homemade Chips (450 cal.) \$2.75

Ranch Home Fries (120 cal.) \$2.75

Cole Slaw (140 cal.) \$2.75

Side of the Day \$2.75

Side House Salad (10 cal.) \$2.75

Mixed Fruit (40 cal.) \$2.75

BEVERAGES \$1.95

Coke - Diet Coke - Dr. Pepper - Ginger Ale - Lemonade - Sprite
- Brewed Tea - Brewed Coffee - Juice
Milk (\$.95)

DESSERT

Assorted Premium Pastries \$3.25

Daily Ice Cream Selection \$3.25

Fruit of the Week \$2.75

Mixed Fruit (40 cal.) \$2.75



New for this Month



Healthier Choice
(under 460 mg sodium,
4 g saturated fat, 10 g added sugar)



Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.