# Weekly Specials
# 8/31-9/5

## ***Full Static Menu Always Available***

**Please write your name and resident identification number legibly when filling out your carry out form. Thanks**

## Atrium

**Lunch & Dinner Specials**

**Thai Coconut Curry Chicken–** Chicken, coconut milk, red curry, peppers, onions, ginger, garlic, fish and soy sauce. (400 cal.) $12.00

**Shrimp Fra Diavolo-** Spicy shrimp sautéed with garlic, shallots and white wine then simmered in a marinara sauce with fresh basil and served with linguine. (280 cal.) $10.00

**Mongolian Beef Stir Fry-** Strips of beef, green onions, garlic, ginger, soy sauce and brown sugar over jasmine rice. (420 cal.) $10.00

## Crab and Go Specials @ Charlestown Square

***Carryout only* Open Monday-Friday 1pm-5pm**

**Maryland Crab Soup (90 cal.)**
**Crab Cake Sandwich (590 cal.)**
**BBQ Ribs (500 cal.)**
**Chicken Salad Sandwich (450 cal.)**
**Turkey Club Wrap (450 cal.)**
**Italian Sausage Sub (560 cal.)**
**Italian Cold Cut (790 cal.)**

**Sides**
**Baked Beans (130 cal.)**
**Carrot and Raisin Salad (210 cal.)**
**Coleslaw (140 cal.)**
**Potato Salad (180 cal.)**
**Potato Chips (450 cal.)**
**Whole Fruit**

**Desserts**
**Sundae Bar**
**Cookies (180-200 cal.)**

## Chesapeake- No DELIVERY OFFERED

**Vegetable Lo Mein** -Lo Mein egg noodles tossed with mixed vegetables, ginger, garlic, soy sauce & sesame oil. (290 cal.) $12.00

**Cashew Chicken Stir Fry** - Chicken breast, cashews, broccoli sesame seeds and green onions over jasmine rice. $12.00 (490 cal.)

**Jambalaya** - Chicken, sausage, shrimp, rice, okra, butter and spice. $12.00 (320 cal.)
**Suggested with Red Beans & Rice** Kidney beans, garlic, onion, green pepper and spices. (120 cal.)

**Gluten Free Bread and Buns Available Upon Request**
**Available at all restaurants**
**Fruit Special of the Week: Whole Apple**

New for August | Healthier Choice (under 460 mg sodium, 4 g saturated fat, 10 g added sugar) | Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.