

Terrace

8/31-9/13

Starters

Soup of the Day ★ - A homemade specialty soup prepared in house. \$2.75

Maryland Crab Soup - Seafood broth, crab and mixed vegetables. \$3.75 (90 cal.)

House Salad 🌿 - Mixed greens, carrots, tomatoes, and cucumber. \$2.75 (10 cal.)

Broccoli & Cauliflower Crunch Salad ★ 🌿 - Broccoli, cauliflower, bacon, red onion, raisins and sunflower seeds tossed in an apple mayonnaise. \$2.75 (180 cal.)

Spinach and Mushroom Salad ★ - Spinach, mushrooms, cherry tomatoes, onions and candied walnuts. \$3.75 (110 cal.)

Mixed Fruit 🌿 - Mixed seasonal fresh fruits and berries. \$2.75 (40 cal.)

Entrée Salads

Union Square Salad ★ - Oranges, dried cranberries, goat cheese and candied pecans over a bed of mixed greens. Tossed with choice of dressing. \$10.00 (420 cal.)

Served with Baguette (150)

Entrée Caesar Salad ★ - Chopped romaine, parmesan cheese, house-made croutons, tossed in Caesar dressing. \$10.00 (500 cal.)

Served with Baguette (150)

Choose One Protein For Your Entrée Salad

Grilled Shrimp (140 cal.) Grilled Chicken Breast (220 cal.), Tofu (90 cal.)

Taco Salad ★ - Lettuce, tomato, onion, cheddar cheese, guacamole, roasted corn, fried flour tortillas, and cilantro sour cream. Served with seasoned ground beef. \$10.00 (790 cal.)

Trio Salad ★ - Tuna, egg and chicken salads served over crispy lettuce with tomatoes and cucumbers. \$12.00 (590 cal.)

Salad Dressing

Balsamic Vinaigrette (60 cal.) - Blue Cheese (150 cal.) - Caesar (180 cal.) - French (130 cal.) - Honey Dijon (130 cal.) - Italian (40 cal.) - Ranch (170 cal.) - Raspberry Vinaigrette (60 cal.)



New for September



Healthier Choice
(under 460 mg sodium, 4 g
saturated fat, 10 g added sugar)



Vegetarian

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Terrace Handhelds

Served with French Fries and Coleslaw or Grapes.

Mushroom Swiss Burger ★ – Beef burger topped with sautéed mushrooms and Swiss cheese on a toasted brioche bun. \$11.95 (670 cal.)

Signature Burger ★ – Smash style griddle seared beef burger with shredded lettuce, tomato and onion, on a toasted brioche bun. \$10.95 (660 cal.)
Substitute Morning Star **Garden Veggie Patty** 🌿 (390 cal.)

Chicken Salad Croissant - ★ 🍏 - Roasted and diced chicken tossed with mayonnaise, mustard and celery served on a croissant with lettuce and tomato.
\$9.95 (450 cal.)

Tuna Salad Croissant ★ 🍏 - Tuna, lemon, and mayonnaise. served on a croissant with lettuce and tomato.
\$9.95 (370 cal.)

Bacon, Chicken, Ranch Flatbread ★ – Grilled Chicken, bacon, Mozzarella, ranch dressing and green onions.
\$10.95 (840 cal.)

Gluten Friendly Bread Options Available

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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Entrees & Pasta

Stir Fry Pepper Steak over Rice ★ - Sliced beef, peppers, onions, snow peas, garlic, ginger and carrots in a sesame sauce served over a bed of Jasmine rice.
\$11.95 (580 cal.)

Flounder Imperial ★ - Flounder, white wine, crabmeat, mayonnaise, lemon and spices. \$14.95 (390 cal.)

Greek Chicken ★ - Herb marinated chicken thigh, tzatziki sauce and garnished with cucumber, onion and tomato relish. \$10.95 (720 cal.)

Build Your Own Pasta ★ - Penne pasta (180) with your choice of **marinara** (50), **alfredo sauce** (120) or **pesto sauce** (70). \$10.95
Add grilled chicken (220) shrimp (140) or meatballs (240) \$3.00

Stuffed Portabella Mushroom 🍄🌿 - Roasted portabella mushroom, stuffed with sautéed peppers, onions, squash, zucchini, fresh herbs, breadcrumbs, and mozzarella cheese. \$9.00 (200 cal.)

Grilled Chicken Breast 🍏 - Plain grilled chicken breast. \$8.00 (220 cal.)
Also available with Bourbon Sauce (60 cal.) Sweet Thai Chili (40 cal.) or Lemon Butter Sauce (200 cal.)

Seared Salmon 🍏 - Pan seared salmon filet. \$10.95 (280 cal.)
Also available with Bourbon Sauce (60 cal.) Sweet Thai Chili (40 cal.) or Lemon Butter Sauce (200 cal.)

Sides

French Fries (350 cal.)
Mashed Potatoes (140 cal.)
Jasmine Rice (140 cal.)
Mushroom and Asparagus Risotto (250 cal.)

Coleslaw (140 cal.)
Sautéed Asparagus (30 cal.)
Sautéed Mushrooms (20 cal.)
Braised Red Cabbage (20 cal.)
Mixed Fruit (40 cal.)

Available Plain: Jasmine Rice, Asparagus, Mushrooms, Red Cabbage